## Loma Linda University Allied Health Nutrition & Dietetics

## **Garlic Coating for Knots**

Portions: 120

Ingredients:

Amount Item

0.375 cups (90mL) Olive Oil

6 T Unsalted butter

12 Garlic cloves

¾ cup Parsley, fine- chopped

## Method:

1. Grate the garlic cloves using a micro plane and combine with olive oil and butter in a small sauce pan over low heat.

- 2. Cook just until butter has melted and mixture is warmed
- 3. Remove from heat and stir in chopped parsley
- 4. Brush the baked knots with the garlic mixture and sprinkle with kosher salt

May 18, 2016 Lunch Power Non-Confidential