## Loma Linda University Allied Health Nutrition & Dietetics

## Horchata

Portions: 120

## Ingredients:

10 cups Uncooked white rice

20 cups Water

20 cups (1Gal,4 cups) Almond milk 40 Cinnamon sticks 5 Tbsp Ground Cinnamon

80 cups (5 Gal) 2% Milk

10 Tbsp Vanilla extract 6 2/3 cups Cane sugar

(to taste) Salt

## Method:

- 1. In a large pot, combine the rice, water, almond milk, cinnamon sticks, ground cinnamon, and salt, bring to a boil.
- 2. Reduce the heat to a low simmer, cover, and allow to cook for 25 minutes.
- 3. Remove from heat and allow mixture to cool to room temperature.
- 4. Remove the cinnamon sticks and add the mixture to a blender along with the remaining ingredients (2% milk, cane sugar, vanilla extract). Blend on high for 1-3 minutes until very smooth.
- 5. If you prefer a smooth consistency, pour over a mesh sieve into the serving container, or pour as is. Chill until ready to serve.
- 6. Add ice if desired

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