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Quality is never an accident; it is always the result of high intention, sincere effort, intelligent direction and skillful execution; it represents the wise choice of many alternatives.

-- William H. Foster

HONEYBEES AND SAHP: Pollinating The World



or as far back as I can remember, I've been in love with nature! My mother, who I'm certain would be a contender for the world's most patient person, tolerated a menagerie of "friends" I was constantly bringing home to share my room. Mammals, reptiles, amphibians, birds, spiders and insects – I lived with them all!

Though anything fauna was special, I always held a particular fascination for the social insects – bees, wasps and ants. Honeybees were especially intriguing as they could be found anywhere there were flowers; and furthermore, I learned early on that honeybees were responsible for much of the world's flower pollination, and thus, for many of the fruits and vegetables we eat and the seeds we plant.

An average honeybee is slightly greater than one centimeter in length and weighs approximately 2-tenths of a gram – that is about 1-tenth the weight of a penny. Yet, in spite of their small size, pollinating honeybees contribute to the annual U.S. production of 4.5 million metric tons of apples, and internationally, 75 million metric tons of citrus, 32.5 million metric tons of tomatoes and 750 thousand metric tons of almonds, to name just a few. In 2008, honeybees pollinated over 70 million acres of soybeans in the United States. That translates into 109,375 square miles of pollinated soybeans in one year!

How do such small creatures, which at top speed fly only about 15 miles per hour, accomplish such an incredible feat?

The sheer enormity of this task, and the speed with which it is carried out, is attributable to the well-ordered division of labor programmed into a colony's behavior. Every worker in a colony is a specialist. Each does her job and none other. Mistakes, risks and duplication of effort are dramatically minimized as a result of this specialization. And likewise, specialization results in a remarkably-high labor efficiency. By working together, each in its own niche specialty, these small insects achieve work on a grand scale, and they do it well!

As my career has taken me into the field of education within the allied health professions, the similarity of this organizational structure to a honeybee colony has not been lost on me. In both cases, working populations, though perhaps large in absolute numbers, are proportionately small compared to the size of the task. You, our alumni, are our "honeybees." You are welltrained specialists, able to efficiently integrate your skills with the skills of the other disciplines making up the spectrum of healthcare specializations.

As our world moves farther into the 21st century, demographic changes will be accompanied by increasing pressure on the U.S. healthcare industry. The ability of the industry to meet this increasing demand, and to do that work well, is in part dependent on a labor force that is well-trained, specialized and working in synchrony between specializations. That's you! Special, dedicated, and qualified to meet the demand of our ever growing population. You are our honeybees!

Sincerely,

Ernert Schwol

Ernest Schwab, M.S., Ph.D. Associate Dean for Academic Affairs



MISSION CLINIC IN MEXICO

After graduating from the Physician Assistant program in 2005 and having various jobs in ENT, Family Practice and Urgent Care, Sarah Mayer (PA-C), along with her husband and daughter, moved to La Mision, Mexico to explore a new specialty: rural missionary medicine. They began volunteering at a Christian orphanage and daycare center, and quickly became aware of the great need for medical care in the area. The closest medical facility to La Mision was a 30-minute drive and many people in the area did not have transportation or the funds to pay for a doctor's visit.

As time went on, they discovered that their church had two rooms that were constructed to house a community clinic but the doctors who began the



project were unable to serve as they intended. "We hope to obtain basic medical supplies and then I will start treating church members who need care. We will expand to community care as we are able," says Sarah. "We have also found a great laboratory in Ensenada that will provide their services at reduced costs to our patients."

The clinic is always in need of more medical supplies and equipment. For a full list of current needs, please email sarah@themayers.com.

NEW FACULTY: Christy Eskes

Christy Eskes, MPA, PA-C, has just been appointed the new Didactic Coordinator for the School of Allied Health Professions PA department. Christy, a 2003 graduate from the PA program, brings much experience to the department. After graduating in the fall of 2003, she worked for



a private Family Practice/Urgent Care Center in Alta Loma, CA and for an extended care facility in Rialto, CA. In the summer of 2004 she was hired at the Loma Linda University Family Medical Group. She worked primarily in Urgent Care until May of 2005 when she transitioned to the clinic full-time. Christy is quite familiar with PA students due to her experience in precepting since 2006.

Christy now has an office in Nichol Hall and has many new

responsibilities. "We are really excited to have Christy with us. She is great!" says Clinical Coordinator, Yasmin Chene, MPAS, MT(ASCP), PA-C. "She will be our Didactic Coordinator, so she will be coordinating the first year didactic studies for the PA students." She is also responsible for the systematic review of internal and external faculty performance. Welcome Christy!

PA JACKETING CEREMONY



Nearly 1,400 hopefuls apply for the Physician Assistant Program at LLU each year. In the fall of 2008, only 23 gifted individuals were accepted. During the National PA Week, always celebrated in October, the entering Physician Assistant Class is honored at the annual SAHP White Jacketing Ceremony. For this class, the program was held in the Randall Visitors Center on October 7, 2008. These eager men and women invited their friends and family to share in this notorious event with them.

The program began with a welcome from Dr. Craig Jackson, Dean of SAHP, and led into the introduction of speaker, James Delaney, PA-C, who is well-known in the field as a very prominent leader. He spoke on the history of the profession and reviewed parts of the PA pledge to emphasize the importance and responsibility of being a Physician Assistant. Among his many accomplishments, Delaney has been a member of AAPA for over 20 years, and has participated in the House of Delegates, Quality Care and Reference Committees, and the Article Review Board for the Journal of the American Academy of Physician Assistants. Throughout his career, Mr. Delaney has given over 20 different professional presentations on several subjects and earned a variety of awards including Extra-Mile Hero from the Kaiser Health Care System, and a Recognition Award for Participation as an Active Teacher from the American Academy of Family Physicians. The department faculty felt very privileged to have him speak at this very special event.

Following Delaney's message, two "PA Perspectives" were given; one from 2008 alum, James Wiley, PA-C, and another from student and 2008 class president, Amber Klispie. Both gave insight into their experiences in school and in the clinic, and offered encouragement saying "keep going even when it's tough."

After the PA Pledge of Dedication and the official jacketing, assisted by the students' family and friends, the faculty presented each student with a special lapel pin from the PA Alumni Association.

A reception and information session was held after the ceremony where nearly 20 people from the community attended to learn more about the program.

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HEART DISEASE AWARENESS: SAHP GOES RED

It's frightening to imagine that heart disease is the leading cause of death for both women and men in the United States. And across the world, coronary heart disease kills more than seven million people each year (*www.cdc.gov/heartdisease*). In an effort to change those numbers for the better, the American Heart Association promotes a "Wear Red Day" each February to raise heart health awareness. The School of Allied Health Professions took part in this special day by encouraging all faculty, staff and students to wear red on Friday, February 6 and spread the heart healthy message.

To find out how you can be heart healthy, visit www.goredforwomen.org and you'll find:

- Go Red heart checkups
- Risk factors
- Differences between women's and men's heart research, treatment, and symptoms
- Ten ways to love your heart
- Healthy meal planning and grocery lists

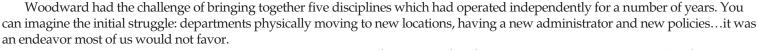
In the next year, why don't we all start showing our hearts some love and do something to beat heart disease!

FORMER SAHP DEAN PASSES AWAY



Former SAHP dean, Ivor C. Woodward passed away in the early afternoon of Saturday, August 2, 2008. He is survived by his wife, Clarice, and daughters Gwen Schmidt and Cathy Kolin.

In 1965, Dr. Woodward was appointed by Dr. Robert Cleveland, vicepresident of academic affairs at Loma Linda University from 1964-1973, to be the first dean of the new School of Allied Health Professions which opened July 1, 1966. Cleveland said of the appointment, "There is a need for an overall administrator to give these sciences representation in the councils of the university, and the academic and administerial advantages that accrue."



However, Woodward demonstrated outstanding leadership in forming the first five departments under the umbrella of the school. Later in his twenty-year tenure, two other departments joined the school. Many programs were added to each department creating the largest school on the LLU campus.

As an educator with a keen interest in high technology, Woodward added training in radiological technology prior to his appointment which prepared him well for leadership in the allied health arena.

Woodward retired in 1986 and continued to live in the Loma Linda area until 1995 when he and his wife, Clarice moved to Marysville, Washington near their two daughters.

DEPARTMENT/SCHOOL UPDATES



- Yasmin Chene, PA's Associate Clinical Coordinator and Assistant Professor, and her husband Roger welcomed their first child Caleb Andres Chene into the family on October 16, 2008. Congratulations!!

- Allan Bedashi was recently promoted to the department's Program Director

- The Speech-Language Pathology and Audiology Department is changing its name to the Department of Communication Sciences and Disorders (CMSD). The name change will be implemented July 1, 2009.

CONTACT US

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DID YOU KNOW?

All of the entities under Loma Linda University have undergone an identity transformation over the past year. Each school logo has been modified, as can be seen from the SAHP logos below.



Previous SAHP Identity



LOMA LINDA UNIVERSITY School of Allied Health Professions New SAHP Identity

2009 CALENDAR

MARCH: SAHP Alumni Reunion in San Diego.....4

APRIL: 13th Annual Alumni Homecoming & Continuing Education Convention......16-19

MAY: PA Alumni Reunion at Prime Med West in Anaheim, CA......8

EMC/Respiratory Alumni Reunion in Palm Springs, CA.....14

JUNE: SAHP Graduation.....14

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Good news! You don't need to fill out a contact card, address it, stamp it, and mail it to us so we have your updated information. You can now update everything ONLINE! Visit www.llu.edu/llu/sahp/alumni/stayconnected and fill out the forms.

We would love to know about any new events happening in your life. Email your photos and stories to jpruehs@llu.edu.

Sign up now for our new online mailing list to receive the *SAHP Source*, email notifications of Alumni events, school/university updates and so much more! You will find the sign up form on the Stay Connected page.



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