



LOMA LINDA UNIVERSITY
School of Allied Health Professions

Department of Orthotics & Prosthetics 2020 Application Cycle – O&P Observation Hours Alternatives

Introduction:

If you have completed some (or none) of the required 40 hours of observation, the remaining hours can be completed through a variety of options listed below. The goal of O&P observation hours, at a variety of clinical locations, is to expose the applicant to an accurate and complete representation of the field as a whole and also to prepare the applicant for the clinical education program. The options listed below will expose the applicant to a wide range of knowledge and information to help in preparation for the clinical education program in the absence of live clinical observation hours as a result of COVID-19 restrictions.

- Each source listed below includes the maximum number of hours that can be earned for each source.
- Items with an asterisk (*) are required material to complete, the remaining hours can be achieved through activities of your choosing from the items listed below.

Instructions:

Complete each write up on a separate page and include the following labeling for every item completed:

Applicant Name:

Source: (O&P Careers Article, Amputee Coalition..., Amplitude, AOPA Conference, O&P Case Study, etc.)

Source Link: (specific link for the video or article you reviewed)

Specific Title: (video title, article title, case study title, etc.)

Sources:

***O&P Careers Video: (maximum of 1 hour)**

Observation Hour Equivalent: 1 observation hour (per video and write-up combination)

Link: <http://www.opcareers.org/media/>

Task: watch the O&P career overview video

Deliverable: 200-300 word write up touching on the following items

- Describe three new things that you learned about the O&P profession
- Explain an aspect about the profession excites you the most
- Elaborate on an aspect of the profession/learning process are you nervous about

***O&P Careers Articles: (maximum of 1 hour)**

Observation Hour Equivalent: 1 observation hour (per article and write-up combination)

Link: http://www.opcareers.org/what_is_op/

Task: review the five linked items (orthotics, prosthetics, pedorthics, career outlook, and O&P technology)



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Deliverable: 200-300 word write up touching on the following items

- Describe three aspects of clinical interactions that interest you
- Explain two points that were new to you
- Document a personal take away that you have about pursuing O&P as a career

Amputee Coalition of America Articles: (maximum of 10 hours)

Observation Hour Equivalent: 2 observation hours (per article and write-up combination)

Link: <https://www.amputee-coalition.org/limb-loss-resource-center/resources-filtered/>

Task: review article(s) of your choosing from the links listed above

Deliverable: 200-300 word write up touching on the following items

- Describe the main take away from the article
- Explain how this article speaks to a psychosocial aspect of life with a physical disability
- Explain how this article provided new and influential information for future O&P career

Amplitude Articles: (maximum of 10 hours)

Observation Hour Equivalent: 2 observation hours (per article and write-up combination)

Link: <https://livingwithamplitude.com/online-exclusive/>

Link: <https://livingwithamplitude.com/issue-archives/>

Task: review article(s) of your choosing from the links listed above

Deliverable: 200-300 word write up touching on the following items

- Describe the main take away from the article
- Explain how this article speaks to a psychosocial aspect of life with a physical disability
- Explain how this article provided new and influential information for future O&P career

OttoBock YouTube Videos: (maximum of 6 hours)

Observation Hour Equivalent: 1 observation hour (per video and write up combination)

Links to Approved Videos:

Prosthetic Training:

https://youtu.be/hwUF_DPXLPA

<https://youtu.be/EH-yslmhQDQ>

Prosthetic Technology:

<https://youtu.be/tCAgGVcxb8>

<https://youtu.be/fjeYGf9lojA>

<https://youtu.be/K0gPpJNFleY>



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Orthotics Technology:

<https://youtu.be/-aBnUJrIyw>

<https://youtu.be/OugWticPpFY>

Additional Assistive Technology:

<https://youtu.be/GeCsUe-bgA8>

<https://youtu.be/MIHV4mMn9w>

Task: review video(s) of your choosing from the links listed above

Deliverable: 150-250 word write up touching on the following items

- Describe what the video was about
- Explain one aspect that was new to you
- Explain how you might want to use this knowledge in the future

Becker Orthopedic Videos: (maximum of 4 hours)

Observation Hour Equivalent: 1 observation hour (per video and write up)

Links to Approved Videos:

Orthotic Technology:

<https://youtu.be/9bH60gJtgcg>

<https://youtu.be/tg36WWSHwOE>

<https://youtu.be/i-NelI3-zIA>

<https://youtu.be/umNOOhFIThU>

Task: review video(s) of your choosing from the links listed above

Deliverable: 150-250 word write up touching on the following items

- Describe what the video was about
- Explain one aspect that was new to you
- Explain how you might want to use this knowledge in the future

O&P Case Study Videos: (maximum of 6 hours)

Observation Hour Equivalent: 1 observation hour (per video and write up)

Links to Approved Videos:

<https://youtu.be/nkO7XyWTCzY>

<https://youtu.be/OLK264vi81A>

<https://youtu.be/Q5Am3RqM0>

<https://youtu.be/IW3kPvVduK0>

<https://youtu.be/Z2m6lhbFfvQ>

<https://youtu.be/pRs8bxiA5YA>

<https://youtu.be/njJUcTbR2SY>

<https://youtu.be/dUOebIZByqY>



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<https://youtu.be/2t9eSw1nvF8>

<https://youtu.be/bZu60rlicmw>

Task: review video(s) of your choosing from the links listed above

Deliverable: 150-250 word write up touching on the following items

- Describe what the video was about
- Explain one aspect that was new to you
- Explain how you might want to use this knowledge in the future

O&P Modification Videos: (maximum of 6 hours)

Observation Hour Equivalent: 1 observation hour (per video and write up)

Links to Approved Videos:

<https://youtu.be/iP7o6ZL-xIA>

<https://youtu.be/6YknOuA7YUs>

<https://youtu.be/phMRkkush1M>

<https://youtu.be/czRkZrk7USI>

<https://youtu.be/GTDs0cO-qo>

<https://youtu.be/zULuXwOAwdk>

<https://youtu.be/H4b1V1Rb4Qg>

<https://youtu.be/jD56azzOk3o>

Task: review video(s) of your choosing from the links listed above

Deliverable: 150-250 word write up touching on the following items

- Describe what the video was about
- Explain one aspect that was new to you
- Explain how you might want to use this knowledge in the future

Any 2021 National OP Conference: AAOP or AOPA (maximum hours 38 hours)

Observation Hour Equivalent:

- 1-hour session plus write up = 3 observation hours
- 2-hour session plus write up = 4 observation hours

Tasks:

- Register on time for each of the virtual conference
Look them up online: <https://www.oandp.org/> or <https://www.aopanet.org/>
 - Select: ATTENDEE
 - Discount Code: student op
 - Facility member?: NO
 - Select: "Click here to Continue"
 - Complete electronic registration form
- Review the schedule/program to select the sessions you would like to attend



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Go on the AAOP or AOPA websites and register as a student.

Deliverable:

- Describe what the session was about
- Explain how you might want to use this knowledge in the future
- Describe your main take away from the session