Loma Linda University Allied Health Nutrition & Dietetics

Green Enchiladas

Portions: 150

Ingredients:

Amount Item

35 lbs Tomatillo, husks removed, washed, and halved
4 lbs Jalapeño Peppers, halved, seeds removed
3 lbs Poblano Peppers, halved, seeds removed
7lbs Russel Potatoes, peeled and cut in batonnet

3lbs Baby Spinach, Fresh

3lbs Brown Onions, peeled and sliced

30 fl oz Olive Oil

18 oz Garlic Cloves, peeled15 cups Cilantro Leaves, Fresh

7.5 qt Vegetable Broth, from concentrate

3.75 cups Almonds, Blanched

10 tsp Salt

8 cups Queso fresco, Crumbleb 11 lbs Panela Cheese, grated

Method:

Green Sauce

- 1. Preheat oven at 425 degrees
- 2. Place the tomatillos, jalapeño peppers, poblano peppers, and garlic on a baking sheet and drizzle with the oil and the salt. Roast for 30 minutes, stirring halfway to prevent burning.
- 3. Remove the baking sheet and place everything in a blender or food processor (along with juices). Pulse a few times to just combine, then cilantro, vegetable broth, almonds. Puree or blend until smooth. Set aside.

Enchilada filling

- 4. Steam baby spinach in the oven until tender
- 5. Mix potatoes and onions, steam in the oven until tender
- 6. Mix spinach, onions, and potatoes
- 7. Cut panela cheese into medium pieces

Enchilada roll up

- 8. Reduce oven temperature to 400 degrees
- 9. Pour a light layer of sauce on the bottom of the pan

Loma Linda University Allied Health Nutrition & Dietetics

- 10. Place 20 g of panela cheese, and 20 g of the potato, spinach, and onions mixture in each tortilla. Roll up and arrange in pan, seam side down. Repeat with the remaining tortillas
- 11. Cover enchiladas with the remaining sauce
- 12. Bake for 15 minutes until panela cheese softens
- 13. Remove, let cool for a few minutes, add crumbled queso fresco on top