Loma Linda University Allied Health Nutrition & Dietetics

Mexican Rice

Portions: 150

Ingredients:

Amount	Item
180 oz	Tomatoes, canned
105 oz	Brown Onions, peeled
22.5 oz	Jalapeño Peppers, seeds removed, minced flesh
12 lbs	Long Grain Rice
4 cups	vegetable Oil
6 oz	Garlic cloves, minced
7 ½ qt	Vegetable Broth, from concentrate
4 oz	Salt

Method:

- 1. Preheat oven at 350 degrees.
- 2. Prepare vegetable broth
- 3. Process tomatoes and onions in a food processor until pureed and thoroughly smooth
- 4. Rinse rice under cold running water, remove excess water
- 5. Combine all the ingredients except the rice, stir until everything is evenly distributed
- 6. Distribute rice in equal parts in hotel pans, add equal parts of the previous mixture
- 7. Cover with foil
- 8. Place in oven and bake for 1 hour
- 9. Remove from oven and leave covered until ready to serve