

## Sesame vegetable Salad

Portions: 170

### Ingredients:

Amount	Item
3 lb	kale
8 ea	lettuce
9 lb	red bell pepper
7 lb	yellow bell pepper
10 ea	onion
20 ea	red apple
10 lb	canned corn
18 c	Roasted sesame
1 gal	mayonnaise(Better be Kewpie)
1.6 c	sesame oil
3.2 c	less sodium soy sauce
3.2 c	rice vinegar
3.2 c	sugar

### Method:

1. Measure all ingredients.
2. Wash the kale, lettuce, bell peppers, apple, and canned corn.
3. Cut kale and lettuce into strips.
4. Cut onion, bell peppers and apples into julienne(as close as possible for the taste) shape.
5. Mix all the vegetables together and set aside for serving.
6. Mix sugar, rice vinegar, less sodium soy sauce, sesame oil, light mayonnaise, and roasted sesame together with whisk.
7. Pack them into sauce containers for serving.