Loma Linda University Allied Health Nutrition & Dietetics

Steamed mixed rice

Portions: 165

Ingredients:

Amount Item

4.5 quart Jasmine rice1.5 quart purple rice9 quart water

Method:

- 1. Measure Jasmine rice and mixed rice. Mix them together.
- 2. Wash them for three times.
- 3. Measure the water in the recipe.
- 4. Add water into the washed rice.
- 5. Steam it for about 50 minutes until it fully cooked. (If have any difficulty, ask chef for assistance)

Time might be adjusted in case there is a need to steam it in batches.(ask chef!)