

Mix Green Salad

Portions: 120

Ingredients:

Amount	Item
6 Bundles	Arugula Leaves
6 Heads	Purple Romaine Lettuce
10	Cucumber, thinly sliced
12	Tomatoes cut into small wedges
3	Red Onion, thinly sliced

Method:

Prepare:

Prewash Salad

1. Fill the produce sink with water
2. Tear the lettuce leaves into bit-sized pieces [discard wilted leaves]
3. Transfer the lettuce leaves into the water sink
4. Add the arugula leaves into the water sink [discard wilted leaves]
5. Let sit for a couple of minutes.
6. Spin the greens dry in a salad spinner
7. Transfer the greens into a salad bowl.

Prepare other items

1. Prewash the cucumber and tomatoes
2. Peel the cucumbers and thinly slice them
3. Core the tomatoes and cut them into small wedges
4. Thinly slice the red onions.

Toss the salad

1. Add the cucumber, onion and tomatoes to the salad bowl.
2. Mix in the Italian dressing.