Loma Linda University Allied Health Nutrition & Dietetics

Watermelon Hwachae

Portions: 120

Ingredients: watermelon, milk, sprite, honey, ice, mint

Amount Item

3 each Watermelon

3 gal Milk 6- 2 liters Sprite 2 cups Honey

Method:

- 1. Rinse and Cut up watermelon into squares or use melon baller to scoop out little balls and add 2-3 pieces into each cup
- 2. Rinse Mint and separate stems. Set aside- Use to garnish drink
- 3. Fill both drink containers with ice
- 4. Add in equal portions of Milk and Sprite into each container
- 5. Honey is added for taste and mix everything thoroughly
- 6. Wait to add drink to cups until we begin serving meal

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