Campus mourns the passing of a legend: G. Gordon Hadley, MD, 1921-2012

By James Ponder

G ilbert Gordon Hadley, MD, dean emeritus and professor of anatomy and physiology for the Loma Linda University School of Medicine, passed away on Thursday, June 29, from a blood clot related to cardiac arrhythmia. He leaves behind Alphie, his devoted wife of 68 years, and a large and loving family. He was 91.

Among the highlights of Dr. Hadley’s remarkable six-decade career:

- Dean of the LLU School of Medicine, 1977-1986
- Assistant dean of student affairs, School of Medicine, 1963-1977
- Faculty member in pathology, School of Medicine, 1949-2012
- Secretary of health and temperance, General Conference of Seventh-day Adventists, 1986-1991
- President of Sir Run Run Shaw Hospital, Hangzhou, China, 1994-2001
- Global service in India, Afghanistan, and Hangzhou, China, 1955-2002

According to H. Roger Hadley, MD, current dean of the School of Medicine and Gordon Hadley's nephew, his uncle's life was all about service, loyalty, and commitment.

“It would be hard to overstate the legacy of Gordon Hadley,” the dean observes. “From his overseas work in Afghanistan, China, and India, to his visionary leadership at Loma Linda University School of Medicine, he displayed an exceptional commitment to making the world a better place.”

“During the nine years he served as dean, Dr. Hadley aligned the school with its early mission and set a firm and clear pathway to keep the focus on global outreach, spirituality, and service,” he continues. "Adjectives fail to describe him—he was unexampled, principled, profoundly honest, tireless, selfless, humble, and energetic. He leaves an enormous imprint on this place.”

Born May 3, 1921, at Washington Sanitarium in Takoma Park, Maryland, as the oldest of Drs. Henry Gilbert and Anna Virginia (Hafenmayr) Hadley’s two children, Gordon and younger brother Henry Lee—who came on the scene 15 months later—grew up on the top floor of the sanitarium’s mission clinic where their father cared for some of the poorest Americans.

As a boy, young Gordon dreamed of serving the underprivileged as a doctor. At 14, he made the momentous decision to dedicate his life to serving God and humanity. A few years later, he rejoiced when his application to the School of Medicine at the College of Medical Evangelists, as Loma Linda University was known at the time, was accepted.

With a dream in his heart, the idealistic scholar headed west to secure the education that would equip him for a life of service. In Loma Linda, classmate Charles Smick told him about a comely girl he knew from college named Alice “Alphie” Ruth Wagner. Gordon wasn’t particularly interested until he saw a Look magazine photo essay that prominently featured Ms. Wagner working as a riveter at an aircraft factory in Burbank. Gordon was smitten, but after a brief courtship, the future Dr. Hadley moved to Washington, D.C., for an internship.

Technology came to the rescue. Gordon proposed over the phone and Alphie accepted the same way. They married on March 24, 1944, months before his graduation as a member of the class of 1944-B.

That same year, Uncle Sam ordered Dr. Hadley to France to care for wounded soldiers at the U.S. Army’s 138th Evacuation Hospital, a surgical unit assigned to the front lines of the

Please turn to page 6
MEDICAL OUTREACH

LLUMC overseas heart surgery team reaches out to Egypt

By James Ponder

Twenty-eight members of the Loma Linda University Medical Center overseas heart surgery team recently traveled to Alexandria, Egypt, to demonstrate a number of cardiothoracic procedures to that nation’s physicians and surgeons. They also conducted a course on pediatric critical care to update Egyptian doctors, residents, and nurses on current best practices.

The Loma Linda team, which included medical, technical, and administrative support personnel, was in Egypt from April 26 to May 11.

Members of the Loma Linda delegation included:

- Richard H. Hart, MD, president of Loma Linda University
- Leonard L. Bailey, MD, chair of surgery at Loma Linda University Medical Center, surgeon-in-chief at Loma Linda University Children’s Hospital, and pioneering infant heart transplant specialist
- Shamel A. Abd-Allah, MD, chief of pediatric critical care at Loma Linda University Children’s Hospital and associate professor of pediatrics at Loma Linda University School of Medicine
- Aijaz Hashmi, MD, a cardiologist at Loma Linda University Medical Center and Loma Linda University Children’s Hospital who specializes in adult congenital heart diseases and pediatric cardiology
- Nahidh Hasaniya, MD, PhD, associate professor of cardiovascular and thoracic surgery, and associate professor of pediatrics, at Loma Linda University School of Medicine
- Jim Eguchi, MD, assistant professor of pediatrics at the Loma Linda University School of Medicine and pediatric critical care physician at Loma Linda University Children’s Hospital
- Mudrit Mafhuz, MD, assistant professor of critical care medicine at the Loma Linda University School of Medicine.

Along with Dr. Abd-Allah, Dr. Mafhuz taught the last two days of the pediatric critical care course.

- Jerry Daly, MA, MLS, associate director of the Global Health Institute at Loma Linda University
- Jan Zimmers, MS, MBA, associate director of the Global Health Institute at Loma Linda University

According to Adam Shaban, MD, a physician licensed in Egypt and studying for his California licensing boards in Loma Linda, the team performed 12 to 14 difficult procedures—surgery that had seldom been performed in Egypt before—on infants. An average of 10 to 15 Egyptian medical students or residents observed the operations. He notes that the overseas heart surgery team last visited Egypt in 2008.

“The potential for educating the next wave of Egyptian physicians and surgeons was tremendous,” Dr. Shaban observes. He points out that pediatric cardiac surgery is not an established specialty in Egypt.

“Here in the U.S., we have many luxuries that we take for granted,” he says. “But in Egypt, adult cardiologists routinely operate on pediatric patients. We’re trying to change that.”

For his part, Dr. Abd-Allah made sure the pediatric critical care course was not taken lightly. “The students had textbooks and he gave them an exam at the end of the course,” Dr. Shaban recalls. “They had to pay attention and a lot of them did well.”

One of the highlights of the trip was a banquet. Please turn to page 3
in honor of the Loma Linda delegation sponsored by Al-Orman, a charitable organization dedicated to eradicating poverty, and improving medical and social conditions in the Middle East. Dr. Shaban points out that Dr. Hart was able to attend the banquet.

"Although his schedule did not allow him to be with us the entire time, he was able to meet with Osama Ibrahim, MD, president of the University of Alexandria; Ashraf Saad, MD, dean of the Faculty of Medicine; and Khaled Karara, MD, chair of the cardiothoracic surgery program," Dr. Shaban says. "They presented medals to Dr. Hart and other members of the team."

While Dr. Shaban views international cooperation as an important way for Loma Linda University Medical Center to share its mission "to make man whole" with individuals in other parts of the world, he notes that for himself and other trip participants, the greatest reward was seeing what great improvements their work made in the lives of their little patients.

"Each patient became like family to us," he shares. "We weren’t going to rest until the patient walked out the door. That was something that amazed me. Without these operations, the babies would have had short-lived, poor-quality lives. Watching them leave, knowing they could now look forward to normal, healthy lives, was just incredible! We were also reunited with some of the patients from the previous trip in 2008," he concludes. "To see them four years later, living healthy lives, was a true blessing. It was great to learn that the Egyptian physicians and surgeons had successfully performed so many complex procedures that we taught them on previous trips. They have now trained at least four generations of residents, so you can imagine how many people have already benefited. It’s very exciting to be part of that!"

Dr. Hadley said the School of Medicine has implemented initiatives—such as programs in rural health family medicine and the combined preventive medicine/family medicine programs—that contribute to Loma Linda University’s ability to increase the number of family medicine specialists. Better reimbursements and financial incentives for family physicians would also help get more medical students interested in becoming one, Dr. Hadley says.

According to The Annals of Family Medicine, the number of medical students entering family medicine training has been going down. From 2001 to 2010, just over 9 percent of students in U.S. medical schools focused on family medicine. This downturn has become even more pronounced in the last three years, with only 8.1 percent of medical students choosing to specialize in family medicine.

The report said only 30 percent of practicing physicians in the U.S. are in primary care, while

**NATIONAL LEADERSHIP**

**LLU among top schools in the nation for producing family doctors**

By Herbert Atienza

T
he journal *The Annals of Family Medicine* named Loma Linda University School of Medicine among the top schools in the nation to produce family physicians. Despite a declining national trend for medical schools to graduate family medicine specialists, Loma Linda University ranks third best in the country, according to the March/April 2012 edition of the journal.

"I am delighted that our students are selecting specialties that are very amenable to the practice of whole person care," says Roger Hadley, MD, dean of the School of Medicine.

"As more accountability is demanded from health care providers by health care reform," he continues, "there will be an increasing dependence on family medicine physicians and the other primary specialties to assure the health of community members."

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New research shows that humor enhances short-term memory in elderly

By Heather Reifsnyder

G underinder Bains, MD, a PhD student in rehabilitation sciences, was invited to speak and present research on how humor improves memory in the elderly at two recent conferences—both the 25th conference of the Association for Applied and Therapeutic Humor, and Experimental Biology 2012, the latter put on by the Federation of American Societies for Experimental Biology.

The research showed that after elderly individuals (average age 74) watched a 30-minute humorous video, their learning ability, delayed recall, and visual recognition improved by 38.7 percent, 36.1 percent, and 6.6 percent respectively.

“With aging, the damaging effects of stress can impair the ability to learn and sustain memory,” says Dr. Bains. “Humor and the associated mirthful laughter can reduce stress by decreasing stress hormones, including cortisol and catecholamines.”

“These hormones wear down the mind and body. Cortisol, for example, can damage the neural cells of the hippocampus, which is a part of the brain responsible for transforming information into new memories.”

During this project, Dr. Bains was mentored by researchers from the School of Allied Health Professions and School of Medicine: Lee Berk, PhD; Noha Daher, PhD; Everett Lohman, DSc; Jerrold Petrofsky, PhD; and Ernie Schwab, PhD. Dr. Bains was also substantially assisted in conducting his research by physical therapy doctoral students Prema Pawar and Pooja Deshpande.

Loma Linda University students form chapter of new honor society on campus

By Heather Reifsnyder

O n May 17, 25 nutrition and dietetics students were initiated into Phi Upsilon Omicron, a national honor society for students in family and consumer sciences.

Phi U national president Corinne Carr attended the ceremony and pinned each student, plus two alumni and five faculty members. New members are from both the School of Public Health and the School of Allied Health Professions.

The idea to form a Phi U chapter at Loma Linda University grew out of the Nutrition Council Student Association, which students from both schools formed in 2009 to enrich their own education, unite together, and also educate others in nutrition.

The Phi U chapter took some time to establish, with the process being started by the nutrition council president for 2009-2011, Salur Rahimi. The next year, the 2011-12 president, Helena Machaj Ramadan, and vice president Jackie Angulo worked to complete the process of getting a new chapter approved, both by Loma Linda University and Phi U’s screening process.

‘Phi U gives LLU students the opportunity to gain national recognition for their hard work and taps them into a network of professionals who can help them advance in their careers,” says Ms. Rahimi, who graduated in 2011 with a BS/MA in nutrition and dietetics. She now works as a clinical dietitian for Southwest Healthcare System in the Temecula area.

In addition to establishing Phi U, the Loma Linda University Nutrition Council Student Association—which has now grown to include 64 students—has run an education program that aims to increase the knowledge of its own members as well as others. The students taught a cooking class at the School of Public Health’s Healthy People conference in March, worked booths at health fairs, organized guest lectures by registered dietitians, created a review course for the registered dietitian exam, and presented a conference designed to foster dialogue between future dietitians and future physicians on the LLU campus.

PUBLIC HEALTH

Loma Linda to engage next generation of public health professionals August 16

By Heather Reifsnyder

The California-Nevada Public Health Training Center is sponsoring an event August 16 at Loma Linda University School of Public Health designed to increase awareness of career opportunities in the public health workforce.

The event will introduce public health careers to students who are just getting started in higher education, as well as to individuals who are working in the health field in other capacities. It will demonstrate how public health can be integrated into a wide variety of health-oriented careers to enhance and strengthen the roles of health providers.

“Come and learn about how your future is affected by public health and how you can navigate and find your path,” says Jesse Blas, MPH, assistant dean for public health education, as well as to individuals who are just getting started in higher education, as well as to individuals who are working in the health field in other capacities. It will demonstrate how public health can be integrated into a wide variety of health-oriented careers to enhance and strengthen the roles of health providers.

The free event takes place from 10:00 a.m. to 3:00 p.m. on August 16 in the Centennial Complex, fourth floor. Pre-registration is required. This can be done online at <www.findyourpath.tk>. Please call (909) 558-8382 for more information.

RESEARCH IN NEWBORNS

Research details effects of pain in premature babies

By Heather Reifsnyder

N ew Loma Linda University research demonstrates a connection between pain in premature neonates and corresponding oxidative damage—a chemical process that causes damage to humans at the cellular level. The results were published in the June 2012 issue of The Journal of Pain.

“To keep premature babies alive, they often require medical procedures which can result in pain and stress,” says lead researcher Daulin Angeles, PhD, associate professor of basic sciences. “Our goal is to find ways to decrease the pain the babies experience while they’re getting life-saving care.

“The method we established with this research measures oxidative damage caused by pain,” she continues. “It will improve the way we care for premature babies by testing the effectiveness of current methods used by clinicians to decrease pain and the resulting free radical damage to tissues.”

Continued next page
PHYSICIAN EXCELLENCE

Six LLUMC physicians receive 2012 Physician Recognition Awards

Contributed report

On June 12, 2012, the seventh annual Physician Recognition Awards were presented by Loma Linda University Medical Center, Behavioral Medicine Center, and LLU Health Care at the medical staff annual meeting.

The recipients are:

- Warren Peters, MD, preventive medicine.
- Whole Person Care Award (given in recognition of a physician who provides compassionate care as exemplified by the Good Samaritan) 
- Larry Loo, MD, internal medicine. Education Award (in recognition of a physician who devotes outstanding efforts to provide graduate medical education through formal teaching, clinical mentoring, and serving as a role model)
- Greg Watkins, MD, radiology. Customer Satisfaction Award (in recognition of a physician who consistently provides outstanding service for patients and colleagues)
- Ihab Dorotta, MBChB, anesthesiology critical care. Quality/Patient Safety Award (in recognition of a physician who has improved quality and safety of patient care provided at LLUMC)
- Herb Ruckle, MD, urology. Transplant Institute, Leadership Award (in recognition of outstanding leadership by a physician at Loma Linda University)
- Clare Sheridan-Matney, MBChB, pediatrics. Professional Recognition Award (in recognition of a physician who has enhanced the academic reputation of LLU through leadership in national and international medical organizations, academic publications, and public service)

Physicians are nominated for these awards by employees, with recipients selected by the executive leadership council of Loma Linda University Adventist Health Sciences Center.

STUDENT EXPERIENCE

Physical therapy students learn from seeing governing board in action

By Heather Reifsnyder

The Physical Therapy Board of California met at Loma Linda University on May 10. Second-year students from the entry-level doctor of physical therapy program attended to learn how their future profession is governed.

“There is always a lot being added and changed in any accredited profession, and it’s important to be aware of regulations and participate in forming them so that we can enhance our services for patients,” says student Oscar Hernandez.

The board met for routine regulatory business and reports, as well as a disciplinary hearing. A physical therapist who had temporarily lost her license asked to be reinstated early, but a decision is yet to be rendered.

Attendance was a class requirement for students in the physical therapy administration class taught by Larry Chinnock, EdD, MBA, associate chair of the physical therapy department.

“Within part of that class, students learn about the physical therapy practice act that is administered by the Physical Therapy Board,” explains Dr. Chinnock. “It is beneficial for them to see the board that will issue their license after they graduate and to see how disciplinary actions can take place.”

The disciplinary part of the hearing did seem to leave an impression on students, according to evaluations they wrote after the meeting. They noted the importance of professionalism in both work and personal life, how difficult it is to win back a revoked license, and the importance of carefully documenting one’s practice.

Other students noted an increased understanding of how board members are chosen, as well as their role and methods.

The physical therapy board met at Loma Linda University at the invitation of James Syms, DSc, assistant professor of physical therapy and president of the California Physical Therapy Association.

The board is a government entity that regulates the physical therapy professions to ensure patient safety. The association brings together the state’s physical therapists to advocate for the support they need to best serve patients. The ability for patients to directly see a physical therapist without a doctor’s referral, for example, is something the association is fighting for.

“I learned the importance of advocating for the physical therapy profession so that services the public needs and deserves can be provided safely and effectively,” says Mr. Hernandez. “I also learned that I need to further educate myself on the law-making process so that I can correctly guide myself in educating our legislators to continue the process others have worked so hard to develop in achieving physical therapy direct access.”

Research details effects of pain in premature babies …

Continued from previous page

In the study, Dr. Angeles and colleagues assessed the effects of pain caused to 38 hospitalized neonates when tape used to secure catheters to their skin was removed.

The pain that resulted from the tape removal was measured using an established assessment tool called the premature infant pain profile. Pain scores were higher in these infants than those in the control group.

More importantly, oxidative stress was higher in the test group, as indicated by the increased presence of uric acid and malondialdehyde in blood plasma. Only babies who already had plastic catheters in their blood vessels were tested so that no additional needle sticks were necessary.

In addition to Dr. Angeles, other Loma Linda University researchers contributing to the study included Laurel Slater; Tsehay Asemore, MS; Dundu S. Boskovic, PhD; Khaleed Bajaj, MD, MPH; Megan S. Plank; Katherine R. Angeles; Raylene Phillips, MD; Douglas Deming, MD; Stephen Asdwal, MD; Kristen Hoagland, MD; and Elba Fayard, MD.

Members of the Physical Therapy Board of California discuss business during their May meeting at Loma Linda University.
It was a move he never regretted. Nine months after the founding of the city's remarkable climate and blossoming prosperity framed an ideal context in which Gordon began his career and his commitment to serve the underprivileged. In the early 1950s, Los Angeles offered everything a budding pathologist could want. The city's medical infrastructure, which boasts a few Haitian paleontologists, but no Haitian occupational therapists. This is for a country that, even before the earthquake, had an estimated 10 percent of its population disabled.

That percentage has only grown since then. To date, many patients have had to rely on international workers for rehabilitation services. But the numbers of foreign volunteers are starting to dwindle.

"Comparing the current poverty of rehabilita- tion services in Haiti to the almost insurmountable number of individuals with disability made me realize we needed to do something about this dire situation," says Everett Lohman III, DSc, program director and professor of physical therapy at LLU. He had volunteered in Haiti numerous times since the earthquake.

In their brand-new classroom, the new Haitian students express their excitement for the program. Celebrating with them are 11 allied health students visiting from the home campus for a mission trip.

Classes began June 18 and are taught by LLU professors, alumni, and other instructors who travel there a week or two at a time. Heather Thomas, PhD, co-director of the program and associate professor of occupational therapy at LLU, taught her first course, which was a weeklong introduction to rehabilitation.

"From day one, I was just so incredibly impressed with their enthusiasm for being in the classroom. They said, 'You can count on us,'" says Dr. Thomas. "When I ask a question, so many hands go up, and some of them want to answer twice. But I was also blown away by their answers."

For example, she gave the students a case study about a woman she treated who suffered a stroke during childbirth and now had a baby to care for. She asked them their ideas for helping the new mother.

Members of the staff expressed amazement at the humble leader's indefatigable commitment to helping the institution achieve its goal of becoming one of the premier hospitals of Asia. Daughter Bonnie recalls that after her parents returned to North America in 2004, Dr. Hadley was flown back to Hangzhou to receive an award from the People's Republic of China for his role in helping the hospital achieve its important goal.

At Gordon Hadley's memorial service in the Loma Linda University Church the evening of Saturday, July 7, 2012, the 680 guests heard tributes to his remarkable accomplishments from: Bill Wagner, MD, his colleague from the class of 1944-B; Yousaf Sadiq, MD, an internist who worked with Dr. Hadley in Afghanistan; and Bryan Fandrich, MD, a critical care physi- cian who trained under him in China. Although none of the staff at Sir Run Run Shaw Hospital...
NEW LEADERSHIP

New assistant vice president for public affairs named

By Dustin Jones

Tony Yang, MBA, has been named assistant vice president for public affairs for Loma Linda University and its Health System. He will oversee the departments of advancement films, marketing, and public affairs with system-wide responsibilities.

"Loma Linda has a great story to tell," Mr. Yang says. "With a long, rich history of service, excellence, and an unwavering commitment to our mission, Loma Linda University remains committed to the qualities that continue to define who we are today. I look forward to a collaborative approach to telling that story in a fresh, exciting, and strategic way."

Mr. Yang brings to his position extensive marketing and public relations experience in the fields of education and health care. Additionally, he has consistently produced award-winning work recognized by health care marketing and public relations associations.

Before starting in his new role on June 18, 2012, he served as executive director of health sciences public relations and marketing for the University of Southern California (USC), where he provided key leadership in branding, service line marketing, physician marketing, Web/digital marketing, and public/media relations. Prior to joining USC, he was director of marketing and business development at Methodist Hospital, a 460-bed medical center in Arcadia, California.

As he brought the memorial service to a close, Roger Hadley jested that the Loma Linda University School of Medicine had no need for face recognition software while Gordon Hadley was alive.

"We didn’t need iPhoto," Roger Hadley quipped as an image of Gordon Hadley memorizing students’ faces flashed on screen. "We had iGordon for that."

As a tribute to the life and service of Dr. Gordon Hadley, the family asks that gifts be made to the School of Medicine’s Deferred Mission Appointee program. Gifts may be made online at <www.llu.edu/giving/dma>. Individuals who prefer to contribute by phone may call the office of philanthropy at (909) 558-5010. Checks made payable to “Loma Linda University—DMA Program” may be mailed to the office of philanthropy, Loma Linda University, P.O. Box 2000, Loma Linda, CA 92354.

Tony Yang, MBA

Tickets by MasterCard or VISA
• Call (909) 307-4849

Tickets by Cash or Check
• ABC Christian Bookstore, Loma Linda
• ABC Christian Bookstore, Riverside
• Berean Christian Bookstore, Redlands
• Berean Christian Bookstore, Riverside

Ticket Prices (All seats reserved)
• $25 VIP front center (includes “meet and greet” with the performer for photo)
• $20/$15 main floor/balcony
• $10 wings
• ($5 additional charge for tickets at the door)

Loma Linda University Church
11125 Campus Street, Loma Linda
Sunday, October 14, 2012, 5:00 p.m. (doors open at 4:00 p.m.)
International hospitality

By James Ponder

E ven three or four months, Bing Frazier, program coordinator for the Global Health Institute of Loma Linda University, organizes a trip to introduce a group of international visitors to scenic wonders of California or the Southwest.

The trips—which are designed to offer our guests a break from intensive, two-month-long mentorship programs in their respective professional specialties—are events in themselves, offering our international visitors a chance to meet the land and people of America on a personal basis.

Sometimes they're good for a laugh. Take last April, for instance. Jason Polanco and I are driving a group of six Chinese guests and one from Thailand on a tour of Yosemite, San Francisco, the Monterey Peninsula, and Big Sur when he gets a seriously funny look on his face.

For some reason, Jason finds it hilarious that the waitress in the only Caribbean restaurant in Bakersfield just called me "Honey."

"So how far is it to Yosemite, Honey?" he asks, dragging the last syllable to a painful conclusion.


"Fun," a nurse from Boromarajonanee College of Nursing in Bangkok, Thailand, is working on a PhD in public health nursing at LUMC. "I can hear the water rumbling onto the reef," Cindy recalls. "Seagulls flying round and round; cobblestones reflecting sunset light. I can feel the power of the sea, although he is calm right the afternoon out to be the gilded, magical center of the journey. After a visit to the beach at Carmel, the group opts to explore the galleries of this fabled art colony for a memorable hour before heading up 17 Mile Drive. When we get there, the Lone Cypress stands guard as we view this nexus of land and sea, granite and goose in the golden light of late afternoon. Everyone turns their best photographic skills to the challenge of creating meaningful visual memoirs as soft waves of the pastel sea gently lap against the shore. Ten or fifteen minutes later, we've pulled off the road somewhere between Point Joe and Spanish Bay. An offshore fog bank moves slowly toward shore as the sun draws closer to the horizon, but right now, the sunlight reflecting off the ocean bathes our faces in the splendor of a perfectly beautiful day.

On the final day of their four-day trip to Yosemite, San Francisco, the Monterey Peninsula, and Big Sur, a group of seven participants—six from China and one from Thailand—in mentorship programs offered through the Global Health Institute of Loma Linda University took time out to explore the redwood forest of Palo Colorado Canyon in Big Sur, where these redwood sorrels and trilliums grow beneath the canopy of the giant trees.

The afterglow of that moment still permeates Cindy's reflections of the trip a month after it ended.

"I can hear the water rumbling onto the reef," Cindy recalls. "Seagulls flying round and round; cobblestones reflecting sunset light. I can feel the power of the sea, although he is calm right
Psychiatrist lectures about caring for high profile patients

By James Ponder

Richard K. Harding, MD, professor of clinical psychiatry at the University of South Carolina, discussed the challenges of caring for the president of the United States and other high-profile patients with an appreciative crowd at the Behavioral Health Institute of Loma Linda University on May 23.

Dr. Harding, past president of the American Psychiatric Association and an alumnus of the LLU School of Medicine, tapped into his extensive research into presidential medicine as well as his experiences in serving as physician for former presidents Bill Clinton and George W. Bush during his remarks.

"Presidents are just like you and me," Dr. Harding said, describing the emotional lives of the nation's chief executive officers.

"The biggest challenge in caring for the president or other VIP," he asserted, "is maintaining the integrity of the doctor-patient relationship. That relationship is central to your work. It is the foundation of contemporary medical practice. The superiority of the physician in that relationship must not be compromised even when your patient is president of the United States."

Although Dr. Harding did not comment on his experiences working with former presidents Clinton or Bush, he generalized about some of the difficulties physicians encounter when working with high-profile patients, calling attention to tactics they may use to undermine the physician's authority in the relationship.

"VIPs try to flatten the playing field," he noted. "They try to impress you with their wealth, position, or ability to communicate. These are powerful people—alpha males or females—who are used to being in charge. They expect solutions to problems now, and they're good at manipulating relationships. They may try to compromise the physician's medical judgment."

In terms of advising care providers how to manage relationships with high-profile patients, Dr. Harding issues a commonsense imperative.

"Don't let the VIP run the show," he warned. "How do smart doctors make stupid decisions?" he asked. "What happens when physicians give up their power to their patients?"

To answer the questions, Dr. Harding considered the careers of four physicians charged with providing care for presidents or celebrities:

- Conrad Murray, MD
- George C. Nichopolous, MD
- Max Jacobson, MD
- Cary T. Grayson Jr., MD

"Conrad Murray was paid $150,000 a month to take care of Michael Jackson on tour. He was a good doctor; well-trained."

"Don't let the VIP run the show!" he warned. "Welcome' and 'Join us.' How amazing it was!"

"I've been to the sea lion rookery," he recalls, "and there were just like a dream. I would prefer to express my feelings. The moments we spent with the sea lions’ heaven! Not only had I never seen this scene before, but also it looked like a harmonious picture. Under the sunshine, hundreds of sea lions gathered; the biggest of these as dads, the medium as moms, the smallest as babies. Some of them just relaxed, some of them moved slowly, some of them watched us with friendly eyes and batted their fins as if to say, 'Welcome' and 'Join us.' How amazing it was! Here is the sea lions heaven!"

"The sight I will never forget in my life is that beach where we spent time, May exclaims. "MARVELOUS!! I couldn't use words to express my feelings. The moments we spent there were just like a dream. I would prefer to stay in such a dream all the rest of my life, to never get out! How beautiful and fabulous!!"
Saturday, July 28, 2012

**PossAbilities**

PossAbilities mentor honored as City of Rialto’s ‘Man of the Year’

By Darcie Moningka

E ric Arrington, a volunteer for the PossAbilities program at the Loma Linda University Medical Center East Campus, was named the City of Rialto’s Man of the Year on June 29 at the annual awards luncheon in Pomona.

Senator Gloria Negrete McLeod of the 32nd Senate District awarded Mr. Arrington, along with 11 other honorees.

Mr. Arrington was acknowledged for his service as a 15-year football coach and as a longtime supporter of patients in the PossAbilities program. This program serves the physical, social, and emotional needs of the disabled in this community.

Now confined to a wheelchair, Mr. Arrington lost the ability to use his legs when he was shot in the back six times while celebrating an offer to try out for the Los Angeles Raiders. Since the incident, Mr. Arrington has coached at Pop Warner, San Bernardino Valley College, and the University of Redlands’ summer football camp.

**LLU begins new program in Haiti to improve rehab services for the disabled**

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“The answers they gave were brilliant; it almost made me cry,” she says. “I thought, ‘You’ve been in this program two days and you’re already coming up with these brilliant, complex ideas?’ They really saw the patient for who she was.”

Dr. Harding was careful to emphasize that doctors must stay in the superior position with powerful patients.

“JFK had Addison’s disease and chronic back pain,” Dr. Harding noted. “He had almost no power in his legs, but he still ran the country for 18 months after he was shot,” Dr. Harding observed. He also noted that the 25th Amendment, designed to deal with the president of the United States rather than with powerful patients, was adopted in 1965. “It was designed to deal with the presidency rather than with powerful patients.”

Dr. Harding suggested that sometimes physicians are susceptible to the allure of the powerful celebrity and to the desire to maintain the approval of a powerful celebrity may have led to mimicking and unmanageable emotional entanglements.

If Drs. Murray and Nichopolous went too far in prescribing medications for their patients, they weren’t the only ones.

“JFK had Addison’s disease and chronic back pain,” Dr. Harding noted. “He had almost no energy, Dr. Max Jacobson—the doctor to whom the president of the United States referred medical problems—would call the doctor to whom the president referred medical problems.”

In speaking of George C. Nichopolous, MD, Elvis Presley’s personal physician, Dr. Harding suggested the desire to maintain the approval of a powerful celebrity may have led to mimicking and unmanageable emotional entanglements.

“He put President Wilson on a three-hour per day work schedule,” Dr. Harding said. “The rest of the time, he played golf, went to the theater, and out to eat. As a result, the president’s health began to turn around. He was doing pretty well until World War I broke out. Then the area got to him. He had a stroke and lost his ability to govern.”

He cited Cary T. Grayson Jr., personal physician to former President Woodrow Wilson, as an extreme example. To strengthen the health of the 28th president, Dr. Grayson Jr. prescribed an entail regimen for Mr. Wilson. “I am feeling so good and proud to be useful in my life,” he says. “Helping people is very important.” The university’s relationship with Haiti dates back to Hospital Adventiste’s affiliation, beginning in 2001, with Adventist Health International—a nonprofit based at LLU that partners in Haiti immediately post quake and disaster to bring health care to the most impacted areas.

The university’s relationship with Haiti includes a health care program that trains medical students, doctors and nurses to become Haiti’s own health care providers. This includes medicine, health administration, and public health.

“Doctors must stay in the superior position with each patient,” he emphasized. “Even when it’s the president of the United States.”

During the delivery, everything went well,” recalls Dr. Oshiro. “Born four weeks before his due date, Chase was a vigorous, seven-pound baby. Heather is quick to speak about how safe the LLUCC doctors made her feel. “Throughout my experience with cancer, Dr. Lum represented hope to me,” she says. “She helped me to see light at the end of the tunnel.”

Heather’s family provided a strong incentive for her to follow her doctors’ advice. She was motivated to get up every day and continue with her treatments so she could be there for her husband and children.

“When they told me I had cancer,” Heather remembers, “the kids were excited—all of us. I didn’t want to disappoint my family.”

Heather didn’t want to disappoint her family, so she waited until they returned home to ask her husband to drive her to the hospital.

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On their second day of school, two of LLU’s new Haitian students (on left) participated in a communication-building exercise with LLU students visiting from the home campus.

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(LLU) begins new program in Haiti to improve rehab services for the disabled . . .

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They really saw the patient for who she was.”

Dr. Thomas believes the students will be pioneers who move the rehabilitation professions forward in Haiti.

“One year from now, they’re going to be incredible clinicians,” she says. “I think we’re going to see many of them wanting to push forward to get a bachelor’s degree. They’re going to start thinking about what’s next.”

Student Fortilus Cedieu is looking forward to changing his country.

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with health care facilities in developing countries to improve services.

Since the earthquake, Loma Linda University has helped stabilize and upgrade the hospital, coordinated some 2,000 volunteers, and temporarily operated a refugee camp at the Adventist university.

After being shot in the back six times and losing the ability to walk, Eric Arrington lost his invitation to the Los Angeles Raiders, but he continues to use his talent as a football coach and mentor for the disabled at PossAbilities.
Walter’s Children’s Charity Classic, an organization that raises funds to benefit Loma Linda University Children’s Hospital through an annual golf tournament and sponsorship program, recently donated a check in the amount of $175,000 and a collection of child-sized luxury cars to the hospital. “The Walter’s team is truly an inspiration to us all,” noted Zareh Sarrafian, MBA, administrator. “We tremendously appreciate all their generosity and hard work on behalf of our patients. Loma Linda University Children’s Hospital is blessed to have their continued support and partnership.” Pictured above are (back row, from left): Joan Morris, MD, physician; Tiffany Hoekstra, Loma Linda University Children’s Hospital Foundation; Pete King, Caliber Collision; Cathy and Steve Kienle, founders, Walter’s Children’s Charity Classic; Kevin Mackey, Stater Bros.; (middle) Claudia Chavarria, mother of (front row, from left) Natalie Chavarria, patient, and her brother Nicholas.

In honor of the late Garry Jennings, former co-chair of the Drifters Car Club of Southern California, Anthony Ganci (left) and Steve Doane (second from right) recently presented a check in the amount of $70,000 to the Cancer Center at Loma Linda University Medical Center. Judy Chatigny, MSN, executive director of the Cancer Center, and Randy Possinger, assistant vice president for philanthropy, accepted the generous contribution, which was collected from members of the club. According to Mr. Ganci, who served as co-chair of the club with Garry Jennings in 2010 and 2011, Mr. Jennings was born in Portland, Oregon, and raised in Pasadena, California, where he played golf in high school and college. He married his wife Renee in Monterey, California, in 1992, and retired in Menifee, California, in 2009. He passed away from stomach cancer in August 2011. His prized automobile was a bright red 1966 Chevy Nova, which he proudly displayed at many Drifters events. Mr. Ganci described him as “the nicest guy in the world. “Garry loved to go to car shows as often as he could,” Anthony Ganci remembers. “We spent a lot of quality time together visiting as many car events as possible. He was my best friend and he will be missed.”

The Campus Store looks pretty much the way it did before,” explains Melodi Hamilton, store manager, “but Barnes & Noble plans to do a major remodel this fall.” With the addition of LLU, Barnes & Noble now partners with 33 educational institutions of higher learning within California. Some specific new benefits for LLU students include:

- In-store and online textbook rentals. Students will now have the option to rent textbooks either online or in the bookstore. Those opting for textbook rentals can save more than 50 percent over the cost of a new printed book and are able to pay for rental fees using cash, credit, or student financial aid.

- Rapidly expanding selection of e-textbooks. In addition to offering savings of up to 60 percent over new printed books, Barnes & Noble’s free Nook Study application serves up e-textbooks in an engaging format that enhances the overall learning experience.

- Generous cash-for-books program. Students owning books that faculty plan to reuse in future courses will be eligible for a 50 percent cash payout, up to needed inventories.

- Registration integration. A user-friendly registration integration system allows students to reserve and order textbooks immediately after they register for courses— all entirely online, automatically populating carts with the right books for the right class and making the purchasing process more convenient than ever.

To visit the Barnes & Noble Campus Store website, go to <llu.bncollege.com>.

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You can assist the Department of Security in maintaining a safe and secure environment by notifying Security immediately at Exit 911 if you see or know about a crime taking place.
A joyful welcome for Baby Chase

Contributed report

San Manuel Band of Mission Indians’ $3 million gift helps Loma Linda University Medical Center physicians and researchers transform cancer treatment.

According to Mark Reeves, MD, PhD, director, Loma Linda University Cancer Center (LLUCC), “LLUCC is an important resource for our region. Designed to provide care for patients with complex medical needs, the Center has recently benefited from a transformational gift made by the San Manuel Band of Mission Indians.”

For Dr. Reeves, the impact of San Manuel’s $3 million gift cannot be overstated. “The funding supports the development of personal, targeted cancer therapies in the San Manuel Band of Mission Indians Biospecimen Laboratory,” he says, “and the translation of these therapies into patient care in the Oncology Center.”

While the funding impacts how the center is designed, it also enables researchers to participate in studies that contribute to the standard of care for patients with cancer and the transformation of patients’ lives. One such person is Heather Scriven, a young mother who resides in the Inland Empire.

Life had become challenging for Heather and her family. When the recession brought changes in her husband’s employment, the young mother of three began working long hours to help meet the family’s expenses.

As Heather immersed herself in work, the weeks flew by. And then came a surprise: though Heather and her husband had been told she could not have another child, she discovered she was pregnant.

Heather had always taken good care of her health, and even though her life was becoming increasingly complex, she continued to follow advice given in news reports, public service announcements, and during annual physicals—she performed monthly breast self exams. Heather was in her second trimester of pregnancy when she discovered a small lump in her breast. Within five weeks, the tumor had grown from 1.3 centimeters to more than 5 centimeters.

Heather’s doctors at LLUCC included Bryan Oshiro, who specializes in high-risk pregnancy; Sharon Lum, breast surgeon; and Yuan Yuan, a hematologist/oncologist.

“The care we provided to Heather, and that we offer to every patient,” says Dr. Oshiro, “is please turn to page 10

CONSERVATION SCIENCE

LLU professor plays key role in new Bahamian iguana conservation facility

By Larry Kidder

William K. Hayes, PhD, professor of earth and biological sciences at Loma Linda University, was asked to play a key role in establishing the San Salvador Iguana Conservation Centre in the Bahamas.

The new center is based at the Gerace Research Centre on the Bahamian island of San Salvador. Its primary purposes are to raise awareness of the highly endangered rock iguana—with an estimated population of about 500—and assist the wild population of iguanas through a breed-and-release program.

Dr. Hayes, who is also director of the LLU Center for Biodiversity, has been working with the endangered rock iguana in the Bahamas since 1993, making a number of trips to San Salvador through the years.

“I’ve been studying the endangered Bahamian rock iguana, Cyclura cychura, in collaboration with Ron Carter,” says Dr. Hayes. “There are eight additional rock iguana species in the Caribbean, all of which are highly endangered and protected by international law.”

Dr. Hayes continues, “Three of these species occur in the Bahamas, where they are also protected by Bahamian law.”

Ron Carter, PhD, provost of Loma Linda University, has worked closely with Dr. Hayes since 1993. Their research has centered on observing the behaviors of the rock iguanas, as well as the environmental issues that threaten them.

“The demise of these lizards, the largest native terrestrial herbivores on the islands where they occur, can be attributed entirely to activities of man,” Dr. Hayes points out. “They are vulnerable especially to habitat destruction, as well as the introduction of feral predators and competitors.”

The San Salvador Iguana Conservation Centre is being created through a collaboration of the organizations San Salvador Living Jewels, the Bahamas National Trust, and the Gerace Research Centre, with funding from Caliifornia-based Seaclology and FIBC First-Caribbean Bank.

Dr. Hayes served as a consultant for the center’s facility and protocol development, as well as helping to find funds to support the project.

“On my recent trip to San Salvador, I found very few juvenile rock iguanas,” Dr. Hayes observes. “I hope the new center can impact their numbers and help to reverse their decline.” He adds, “The entire disappearance of a species is permanent and represents a major failure on our part to protect our fellow creatures.”