## Loma Linda University Allied Health Nutrition & Dietetics

## Title: French toast-Ledy Ann, Arsh, Michael, and Sneha

Portions: 107

## Ingredients:

Amount Item

240 slices Texas Toast bread

10 tbsps cinnamon
2.5 tbsps nutmeg
3.75 cups sugar
2.75 lbs butter
10 dozen eggs

½ gallon whole milk 5 tbsps vanilla extract

## Method:

- 1. combine, cinnamon, nutmeg, and sugar and set aside briefly.
- 2. Blend together cinnamon mixture, eggs, milk, and vanilla and pour into a container.
- 3. Heat griddle and tilt skillet over medium-high heat. Coat pan with butter.
- 4. Dip bread in egg mixture. Fry slices until golden brown, then flip to cook the other side.

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