



LOMA LINDA
UNIVERSITY

School of Allied
Health Professions

SUMMER/FALL 2016 | 13TH EDITION

THE LINK



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THE LINK

STAFF

Editor, Art Direction and Design

Melisa Aree, MA

Contributors

James Ponder

Heather Reifsnnyder

Art Kroetz

CONTACT US

Post

Loma Linda University
School of Allied Health Professions
24951 N. Circle Drive
Nichol Hall, Cottage 70
Loma Linda, CA 92350

Alumni Website

alliedhealth.llu.edu/alumni

SAHP website

alliedhealth.llu.edu

For Questions or Announcements

maree@llu.edu

For Notices of Change of Address

AHalumni@llu.edu
909-558-7840

Social Media

 [@llualliedhealth](https://www.facebook.com/llualliedhealth)

 [@LLUSAHP](https://www.instagram.com/LLUSAHP)

Blog: alliedhealth.llu.edu/alumni

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Letter From The Dean

» Dr. Craig Jackson



Planning for our 50th Anniversary Homecoming celebration was quite an adventure! We had an amazing time at our 50th Anniversary Gala! As you can see, my wife and I celebrated to the fullest. If you're interested in seeing highlights from our photo booth gallery, hop on over to our new Instagram account to see many of our creative poses. From there, you can click the link in the bio to see our new blog.

As part of the preparation, we updated our mission, vision, and values statements (see back cover) to use as our guide for the future. We also realized our need to jump on the social media scene (also see back cover) to increase our modes of communication. After that, the focus was on an unforgettable Homecoming.

As the year progresses you will see blog posts from the Dean's Office, the current Student Association Officers, information and updates on admissions, student experiences, research, mission trips, and more. We hope you enjoy these new communication platforms, so join us over on social media! We can't wait to connect with you.

Dr. Craig Jackson

SAVE THE DATE



Loma Linda University Health

homecoming

in collaboration with
the Medical Alumni APC,
Dental Alumni Student Convention,
and Healthy People

Together as One Loma Linda
Thursday, March 2 – Monday, March 6, 2017

Invitation to Follow

For all the latest updates visit
llu.edu/homecoming

Interdisciplinary CE Opportunities
Class Reunions | Parade of Nations

School of Allied Health Professions

Schedule of Events

THURSDAY, MARCH 2

Continuing Education Courses
Pain Management Symposium

Homecoming Kickoff Celebration & Concert

FRIDAY, MARCH 3

Continuing Education Courses
The Power of Residual Memory: Therapeutic Approaches to Dementia
Behavior Management in Dementia
Functional Foods
Stroke Recovery: Case-based Clinical Reasoning with Everyday Technology
Hand Rehabilitation: Evaluation, Treatment, & Splint Fabrication

School Tours

SABBATH, MARCH 4

Church service
Haystack lunch

SUNDAY, MARCH 5

Continuing Education Courses
Rocktape - FMT Basic
Dose Optimization
The Anatomy & Physiology of Patient Communication
5K - In honor and memory of Matthew Lynn Schrader & Dr. Soret

**We hope you will be able to
join us as we celebrate together as
ONE UNIVERSITY.**



LOMA LINDA UNIVERSITY
School of Allied Health Professions

SAHP 50th Anniversary is a golden time

» By Heather Reifsnnyder



Homecoming Committee members, front row, from the left: Shani Denny Torrez, administrative assistant for the Radiation Technology department; Pauline Calla, Health Informatics & Information Management faculty and '05 alumna; Yara Gomez, administrative assistant in the Research and Statistics department. Back row, from left: Brigit Mendoza, Radiation Technology faculty and '03 and '05 alumna; Christina Nobriga, Communication Sciences & Disorders faculty and '99 and '01 alumna; Melisa Aree, Alumni Affairs Officer; JeJe Noval, Nutrition & Dietetics faculty and '93 alumna; Kyndra Woosley, Nutrition & Dietetics faculty and '11 alumna.

Loma Linda University's biggest school celebrated its 50th year of distinguished history in 2016. Since the founding of the School of Allied Health Professions in 1966, it has grown to boast nine departments and more than 50 degrees and programs.

"We challenge our students to become competent and compassionate professionals serving local and global communities," says Dean Craig Jackson, JD, MSW. "Whatever their specialty, Loma Linda University allied health alumni learn to promote a culture of service through compassion, integrity, and excellence."

On the evening of April 23, the school hosted a golden anniversary gala decorated in pinks, golds, and flowing beads, with entertainment by a men's trio, the Stratton Half Brothers, performing classic songs of yesteryear.

Several members of the 50th—and founding—anniversary class of 1966 attended. Their alumni pooled together

to donate a check for \$11,000 to the school, promising the amount would grow as more members of the class contribute. Jackson thanked the class members of 1966 for their generosity and for making the evening historic with their presence.

Alumni of all generations, from near and far, attended the gala. One guest traveled from the Republic of Moldova, a distance of more than 6,200 miles. The most senior alumnus in attendance—or rather, the most distinguished—was 83 years old. Also in attendance were two of the school's deans—two, in fact of only three in the school's history. In addition to Jackson, present as a guest was dean emerita Joyce Hopp, PhD, MPH, whom Jackson specially recognized that night. Hopp was dean from 1986 to 2002. (Founding dean emeritus Ivor Woodward, PhD, passed away in 2008.)

Two new scholarship funds were announced at the gala,



one in honor of Georgia Hodgkin, EdD and one in honor of another longtime faculty member, John Lewis, PhD.

A dash for cash during the gala allowed attendees to donate to one of these two new funds or another fund of their choice, and with sponsorships from Jackson, Hodgkin and Natalie Kopp, the dash raised more than \$9,000 for the School of Allied Health Professions. Additionally, with a silent auction and opportunity drawing, the school raised another \$6,000 that night.

The school gave out a number of awards that evening, including honoring Alumna of the Year Sandy Roberts, DMin, MA, who earned her degree in Nutrition and Dietetics in 1980 from the School of Allied Health Professions. Today, she is president of the Southeastern California Conference of Seventh-day Adventists.

\$26K RAISED FOR
STUDENT
SCHOLARSHIPS

AWARDEE LIST

Rising Stars 2016

Waleed Almutairi | *Cardiopulmonary Sciences - Respiratory Care*

Nixon Corpuz | *Clinical Laboratory Sciences*

Lillian Williams | *Communication Sciences & Disorders*

Taejoon Lee | *Health Informatics & Information Management*

Michelle Pecheck | *Nutrition & Dietetics*

Katherine Puccio | *Occupational Therapy*

Trevor Lohman | *Physical Therapy*

Capt. Katie Leigh Lam | *Physician Assistant*

Kenton Fritz | *Radiation Technology*

Distinguished Alumni 2016

Tim Nakamura | *Cardiopulmonary Sciences - Emergency Medical Care*

Paul Chiou | *Clinical Laboratory Sciences*

Abigail Namsang | *Communication Sciences & Disorders*

Timothy Bristol | *Health Informatics & Information Management*

Karen Pendleton | *Occupational Therapy*

David Peterson | *Physical Therapy*

Darin Rampton | *Physician Assistant*

Elizabeth Vrolijk Ordelheide | *Radiation Technology*

Alumnus of the Year 2016

Pastor Sandy Roberts | *Nutrition & Dietetics*



CARDIOPULMONARY SCIENCES



Cardiopulmonary Sciences alumni volunteers at
Your Best Pathway to Health - Los Angeles

Cardiopulmonary Sciences has a heart for service

» By Richard Nelson

Alumni of the cardiopulmonary sciences department continue to serve our global community. Milestones include the Heart Team trips in the 1960s and 1970's, the first international student missionary in 1982, the establishment of satellite campuses from the mid 1980s and nearly countless local and international projects since.

Each year our students participate in community mission projects and this year was especially significant. During January, 2016, Michael H. Terry (BSRC '07) notified faculty of an orientation regarding the "Your Best Pathway to Health" mega clinic to be held in Los Angeles in April. This was to be the largest clinic event involving Loma Linda University in North America.

I invited my wife Dr. Anna Nelson (MPH Program Director, SPH) to join me to listen to the mega clinic director Dr. Lela Lewis. We saw this as a valuable community

service opportunity for our students. From that moment, we spearheaded interest to get both SPH and SAHP students involved.

As our curriculum and schedules are planned at least one year in advance, involving students for three days was a challenge. I asked each course instructor one quarter in advance to see if we could academically integrate this clinic. I received one-hundred percent support for all juniors and seniors to be part of this Los Angeles clinic. No classes were canceled; rather, some schedules were re-arranged and the rest integrated the experience. In fact, faculty sponsored MetroLink tickets for all students!

To read more about Your Best Pathway to Health - Los Angeles, see page 27.

I have been teaching at Loma Linda University since 1978. Every year, we lose excellent students who cannot continue their education for financial reasons. My gift to the School of Allied Health Professions will support a scholarship fund to benefit those students in need.

— Dr. Georgia W. Hodgkin
Professor at Loma Linda University
School of Allied Health Professions



What's **Your** Plan?

For the Future of our Students We **LIVE** to Give

Loma Linda University Health is in the midst of a comprehensive fundraising effort — Vision 2020 — that will elevate education to new heights in our region and around the globe. A simple and flexible way to support this effort in an impactful way is to make a gift through your will or living trust.

To learn more about including Loma Linda University Health in your estate plans, contact the **office of planned giving**.

Office of Planned Giving

11175 Mountain View Avenue, Suite B, Loma Linda, CA 92354
909-558-4553 | legacy@llu.edu | llulegacy.org



LOMA LINDA
UNIVERSITY
HEALTH

THE LINK – Summer/Fall 2016

MANY STRENGTHS. ONE MISSION.



CLINICAL LABORATORY SCIENCES

New on the team

Shalini Carter is a Medical Microbiologist and obtained her PhD in Microbiology and Molecular Genetics from Loma Linda University in 2012. After obtaining her PhD, she completed her Post-Doctoral research at LLU. She is joining the School of Allied Health Professions as associate professor and will be teaching courses in Microbiology for the Clinical Laboratory Sciences program.



Retirement

James Brandt worked for several years as a Public Health Microbiologist and a technical specialist in Microbiology for a commercial company. He came to Loma Linda in 1979, was hired by the LLUMC clinical laboratory and became involved in the CLS program in the SAHP. As an assistant professor, his years included teaching numerous courses in Clinical and Pathogenic Microbiology, Parasitology, and Introductory Microbiology. His 37 years at LLU have been a challenging and rewarding period. In retirement, he will miss his LLU family but is looking forward to doing some contract teaching, spending time with his 12 grandkids, and enjoying the natural beauty of his home in Oak Glen.

Semi-retirement

Kathy Davis leaves the CLS Program Director position after 40 years of service in various Loma Linda University Health entities, but will remain part-time with Loma Linda University as an Assessment Specialist in the School of Allied Health Professions.





How Rodney Roath fits Grow Together into his very busy schedule

» By James Ponder

Rodney Roath, MBA, is one busy man. By day, Roath manages the Laboratory Education cost center at Loma Linda University Medical Center and chairs the Clinical Laboratory Sciences department at Loma Linda University School of Allied Health Professions. Chairing the department involves both teaching and managing courses in Clinical Laboratory Science, Cytology and Phlebotomy. By night and on weekends, Roath juggles studying for a PhD in Higher Educational Administration and keeping up with family activities.

So when he heard that employees can support a favorite cause by payroll deduction through the Grow Together Employee Giving Program, it sounded like a great idea, especially since it wouldn't take very much of his precious time.

"I was impressed that we should do our part to help."

Three years ago, Roath decided to transition his monthly giving to Grow Together. "I wanted to update my giving to keep it within the institution," he says. When it came time to pick the specific program he wanted to support through his monthly gift, Roath designated a Clinical Laboratory Science student scholarship fund at the School of Allied Health.

"I was impressed that we should do our part to help," he recalls, noting that participating in Grow Together allows employees to demonstrate their faith in the organization's mission and vision for the future. "My opinion is that it's not about the money, because most employees can't afford to give a lot," Roath observes, "but the engagement is really important. It's rewarding to feel like you're part of something and it's beneficial to the institution to know that the employees feel that way."



Interested employees are invited to go online at <http://advancement.lluhealth.org/grow-together> and click on payroll deductions on the left side of the screen to get started. "Many of us do not view our gifts as giving to our employer, but giving through our employer to support something we believe in. Individually, our gifts might be small, but collectively, they can make a big impact," says Darin West, director of Grow Together.

As for Roath, he's looking forward to relaxing a little bit when he finishes up the doctoral program. "I want to take a vacation," he notes, "catch up on things around the house and spend time with the family. It's been way too long since I had a vacation!"



COMMUNICATION SCIENCES & DISORDERS

Friendliness and reputation win out

» By Christina Nobriga

The competition for acceptance into a master's program in the field of Speech-Language Pathology is tough. Many students apply to multiple programs with hope of at least one acceptance offer. A few exceptional candidates receive more than one offer and find themselves considering cost, location, and reputation of the school as they make their decision.

While our department regularly loses some of the top applicants to other schools offering scholarships, other times, our reputation wins out! Here is one such story...

Now Sam had to choose between two attractive offers.

While a freshman at Cal State Fullerton, Samantha Voisan met an alumnus who was working on his masters degree in Speech Pathology at LLU. Before that conversation, she had never heard of Loma Linda. However, Sam states that, "the rationale behind the unique problem based learning format, clinical opportunities, and his general enthusiasm were enough to hook me, and I knew that LLU was where I wanted to obtain my Master's."

Sam became extremely focused on this goal, volunteering at hospitals, presenting her own research on neuromuscular electrical stimulation, and graduating with honors.

As a result of her diligence and excellence, Sam was accepted not only to LLU, but also to Northwestern University, which is ranked in the top 5 for Speech Pathology programs by US News.



Charcoal drawing by Samantha Voisan, left, of her and a friend as undergraduates.

Now Sam had to choose between two attractive offers: one nationally recognized (an impressive addition to her resume) and the other a "hidden gem."

Sam struggled, but ultimately chose Loma Linda because of both the friendliness she experienced when she interviewed, as well as the reputation for the problem-based learning emphasis.

In addition to her academics and work, she enjoys doing charcoal drawings and learning Chinese. She is an excellent fit at Loma Linda and we will be proud to send her out into the world as yet another amazing SAHP alumna next June!



Why Karen Mainess pays it forward to tomorrow's students

» By James Ponder

For Karen Mainess, PhD, assistant professor, giving to the Grow Together Employee Giving Program helps her counteract the one thing she doesn't like about working at the school. "The worst thing is the lack of scholarship funds for deserving students," Mainess observes.

"It is my dream to have, within our department, the funds to provide at least two full scholarships to deserving students every year. The first step toward that dream is for me to give, myself."

Mainess has been giving back since she arrived on campus 15 years ago. At the rate of \$600 per year, or \$50 per month, she has managed to give a grand total of \$9,000 toward her goal of establishing the scholarship fund she envisions.

She explains the need for it in straightforward terms. "We have no problem filling the Master's of Science program, for which I am the Program Director," she says. "There are always students who are interested in our program because they recognize, based on what they read about us, that we have a quality program. These are strong students academically and we offer them admittance into our program. But when they find out there are no scholarship funds available, they are very quickly offered those sought-after funds in other programs, and they go elsewhere."

She believes in making a start and hopes her example might encourage others to give as well.



Even though the \$9,000 she has given is nowhere near the \$1 million in reserve funds Mainess estimates would be required to fund one or two scholarships, she is not discouraged. She believes in making a start and hopes her example might encourage others to give as well. "It would be wonderful if that happened," she notes.

Mainess appreciates the convenience of giving through the Grow Together program's payroll deduction plan and likes the idea of helping others attain their education. More information about Grow Together is available online at advancement.lluhealth.org/grow-together.



HEALTH INFORMATICS & INFORMATION MANAGEMENT

Transforming the HIIM profession

» By Debbie Hamada

The saying, the only thing in life that is constant is change, certainly is true of the transforming Health Informatics and Information Management (HIIM) profession. Significant changes are currently busying the work efforts for the HIM baccalaureate program.

First, the American Health Information Management Association's (AHIMA) Council on Education Excellence (CEE) released an updated curriculum some time ago which requires compliance by August of 2017. In an effort to align ourselves with this curriculum, some curriculum changes have been approved and implemented already; these are listed below.

- Incorporation of a new Data Analytics course for 3 units
- Separation of revenue cycle content from Financial Management for HIM, creating a course entirely focused on Revenue Cycle Management for HIM
- Expansion of the Project Management course to 2 units

Further curricular enhancements have also been approved for implementation in Fall Quarter of 2017. These include creating a HIM Pharmacopathophysiology course, and a Fundamentals of Computer Systems Architecture course.

A condensed structure will be offered to incoming Coding students beginning Fall Quarter of 2017. Reconfiguring

the Coding Specialist program, so as to shorten the completion time, allows students to enter the workforce in a timelier manner. The Coding Specialist program was also successfully re-approved by AHIMA's Professional Certificate Approval Program (PCAP).

The Master's degree in Health Informatics program continues to grow and provide exciting opportunities for graduates. New course additions to this program include a focus on human-computer interfaces and biostatistics. Future changes will include the addition of a Quality Improvement course as a logical complement to data analytics and evidence based medicine concepts within the discipline.

We look forward to continued changes in all programs in light of AHIMA's recent Whitepaper entitled Health Information Management Reimagined, which was just released for comment in July. The HIM Baccalaureate and Coding Specialist program alumni will find this White Paper very informative (<http://www.ahima.org/pr?tabid=headlines/>)

Additionally, both AHIMA and American Medical Informatics Association (AMIA) have published new, updated curriculums for Health Informatics programs that will be used as resources for professional accreditation of the Master's degree in Health Informatics.



Professional Improvement

This past year has been very busy for the faculty in the Health Informatics and Information Management department. As you can see, the faculty are working hard to expand and enrich the program by advancing their professional expertise and responsibilities.



Debbie Hamada



Pauline Calla



Braden Tabisula



Ryan Stephan



GRADUATE SCHOOL ENROLLMENTS

Debra L. Hamada | Ed.D. in Organizational Leadership & Change

Braden M. Tabisula | Ph.D. in Computer Information Systems & Technology

Ryan Stephan | Master of Arts in Management



NEW CREDENTIALS

Pauline Calla | ICD 10 Train the Trainer – earned September 2015

Ryan Stephan | ICD 10 Train the Trainer – earned September 2015

Braden Tabisula | Certified Health Data Analyst (CHDA) – earned February 2016



NEW PROGRAM DIRECTOR APPOINTMENTS

Braden M. Tabisula , MBA, RHIA, CHDA | Program Director for Masters of Science degree in Health Informatics - July, 2017

Ryan Stephan, RHIA | Program Director for Coding Specialist Program - July, 2017



NEW EXTERNAL APPOINTMENTS

Debra L. Hamada | Council on Accreditation of Health Informatics and Information Education (CAHIIM) and Peer Review Appointment – June, 2016



NUTRITION & DIETETICS



Dietetics students and their clients thrive with the Motivational Interviewing technique



From left, Tatiana Keay and Michael Saenz in a motivational interviewing nutrition counseling session.

» By JeJe Noval

Since 2014 Michael Saenz has been living up his retirement from academic counseling by playing lots of tennis matches at the Drayson Center.

Because he is a regular, he spotted the nutrition and dietetics table that was located in front of the racquetball courts during the summer quarter of 2016. He stopped by one day on his way to play tennis to see what it was all about. Mr. Saenz spoke to dietetic student Tatiana Keay and sensed her contagious passion for eating well. "If she's this passionate about nutrition, this has got to be good," said Mr. Saenz.

Tatiana's own love for tennis was another draw for Mr. Saenz to continue the conversation. As a result, he signed up for his first nutrition counseling session. One session led to another, and soon Mr. Saenz had completed four sessions.

The sessions benefited Mr. Saenz in a number of ways. What he appreciated most was that Tatiana's guidance reminded him of the simple nutrition practices he once followed, but took for granted and laid aside. An example of this is drinking more water. Increased hydration has made a big difference in how he feels, especially during an intense tennis game!

Tatiana also helped Mr. Saenz explore the idea of cooking dinner at home. He became so motivated with this idea that he took Tatiana up on the challenge and started cooking dinner for himself and his wife. Mr. Saenz also lost a few pounds, which he was happy to see.

In addition, the nutrition counseling sessions with Tatiana resulted in improved speed during tennis games, which was the biggest plus for Mr. Saenz! Not only is he faster with better footwork, he is also feeling vibrant once again in the midst of a tennis match.



Another happy client

Lisa Verran (not pictured) is not your average nutrition client. Verran is a fitness instructor at the Drayson Center and LA Fitness so she has a good understanding of the importance of nutrition. When Verran ran into Tatiana Keay (far left, opposite page), at the Drayson Center, she decided it would be fun to get nutrition advice from her former fitness student.

Not only did Verran appreciate the free nutrition counseling sessions, Verran also treasured the guidance Tatiana provided her to comfortably transition into a nutritional regimen without meat and eggs, while also giving up artificial sweeteners.

At the end, Verran sang Tatiana's praises, saying, "She is so passionate about her career in Dietetics and helping people eat healthy for life, and it shows".

Motivational Interviewing

This summer I asked my students to try something different during their nutritional counseling appointments at the Drayson Center: Motivational Interviewing.

After a session, one client summed up the experience by saying, "I appreciate the way your student didn't do most of the talking. Your student allowed me to have a good portion of my say." This is a perfect example of what motivational interviewing is all about.

With the client highly engaged in setting nutritional goals and changes for themselves, and the guidance of a registered dietitian or dietetic student, they begin to operate from their own motivation to move forward.

The use of motivational interviewing clears up any ambiguity individuals may have in making lifestyle changes that will affect their health and well-being, long-term. This results in living vibrantly. - JeJe Noval

"I appreciate the way your student didn't do most of the talking. Your student allowed me to have a good portion of my say."



Glo Rowland's (right) joyful spring in her step and happy dance as she entered her nutrition counseling session each time always put a smile on dietetic student Shannon Lew's (left) face.

Initially, Rowland signed up to see Shannon for just one nutritionally related concern. However, the first session led to other nutrition areas Rowland realized she could improve on. As more sessions took place, Rowland fully embraced and followed Shannon's counsel, expressing her gratefulness for the tools Shannon shared with her.

In turn, Shannon appreciated Rowland's love for God and motivation to keep living a healthy lifestyle.



OCCUPATIONAL THERAPY



Dr. Salamat with graduate occupational therapy students presenting their research poster, *Perspectives of School-based Occupational Therapy Practitioners in Addressing Mental Health Needs* at the American Occupational Therapy Association's Annual Conference in Chicago, April 2016. From left: Adam Goya, Blake Christensen, Saloni Parikh, Dr. Arezou Salamat, Amy Liu, Kelly Lee, Karen Ngo

A commitment to life-long learning and research

» By Dragana Krpalek

Faculty in the Department of Occupational Therapy have been busy. Striving to instill lifelong learning and a commitment to research to guide best practice and contribute to the profession, students and faculty have presented at regional, state, and national conferences. In April, at the national conference, our department had seven presentations. In addition, five students flew to Chicago with Dr. Salamat, who was their Principal Investigator, to give a poster presentation on the role of occupational therapy practitioners in addressing students' mental health needs.

Supporting our research agendas, we have had six publications this past year in several peer-reviewed journals. Two alumni partnered with faculty to publish their program development project on Legacy Building in OT Practice. We are excited that this project is continuing as a partnership with the Center of Palliative Care.



Retirement

Judi Palladino served as the Academic Fieldwork Coordinator and Assistant Professor in the Department of Occupational Therapy since 1994. During that time she was responsible for the development and coordination of Level I and Level II fieldwork internships for the MOT students.

She taught and coordinated a variety of academic and fieldwork practicum classes and served as the Primary Investigator for student research projects. Judi was also the liaison between university and fieldwork sites and was instrumental in the facilitation of site fieldwork educator development and mentorship of students.

During the 45 years she served as an OT, Judi worked in the areas of pediatric services, behavioral health, and hand therapy. She contributed to the Occupational Therapy Association of California by serving on the practice committee, as vice president and secretary of the executive board, and government affairs liaison. She continues to serve on the board for the California Federation of Occupational Therapy. She has been awarded Fieldwork Educator of the Year, the President's Award and Practice Award by the Occupational Therapy Association of California, and the Faculty Recognition Award from the SAHP.

Judi is looking forward to spending time with her grandchildren. We wish her all the best in this transition and look forward to seeing her at future conferences and events.



New on the team

Aaron Moesser, MOT, OTR/L recently joined the Department of Occupational Therapy to transition in as the new Academic Fieldwork Coordinator. Aaron graduated from Loma Linda University with his Master's in Occupational Therapy in 2010. Since then, he has worked as a school based occupational therapist in the Menifee Union School District. He also worked per diem for Rancho Physical Therapy. Aaron has been married for almost 13 years and has four wonderful children. In his spare time, he enjoys working on projects around his home, woodworking, and spending time with his family. The Department is excited to have Aaron joining the team.

Douglas Rakoski, OTD, OTR/L, ATP joins Loma Linda University Health in the Department of Occupational Therapy as an assistant professor and facilitator of the Therapeutic Technology Program at Loma Linda University Medical Center-East Campus. He has served as clinical specialist in assistive technology for the University of Michigan Health System managing the Computer Assisted Therapy Program. Douglas also worked for six years at Rancho Los Amigos National Rehabilitation Center, where he specialized in spinal cord injury and performed assistive technology evaluations at the Center for Applied Rehabilitation Technology (CART).





ORTHOTICS & PROSTHETICS

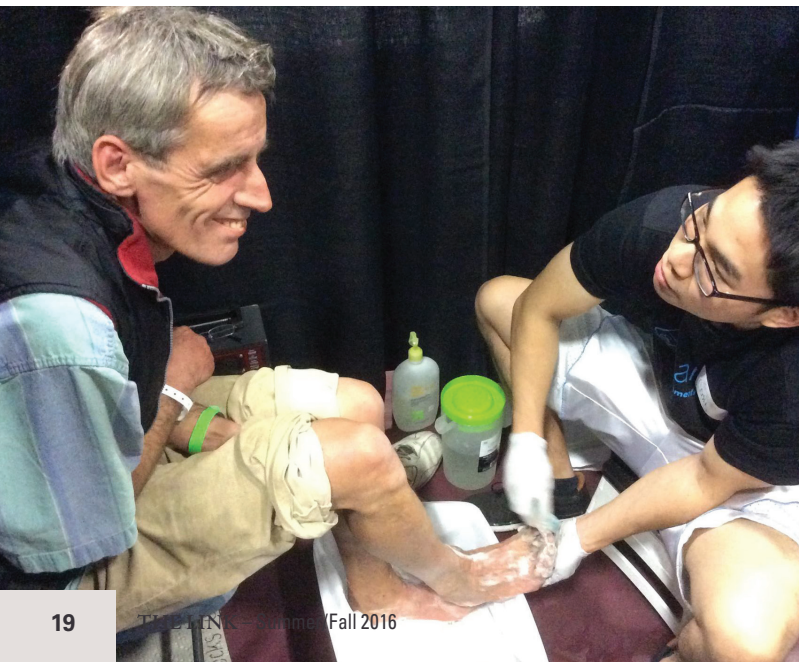
United Feet

Eric Desarme and Tevita Palaki-Muti started the nonprofit organization United Feet, a self-sustaining ministry that focuses on serving individuals by following in the footsteps of Jesus by providing foot care and clean socks and shoes for neighbors in need. The social enterprise provides jobs for individuals in the hopes that they will transition into a more full and productive life.

Desarme and Palaki-Muti hope their organization will be a catalyst for other communities who wish to become part

of and replicate the mission of United Feet. Each franchise focuses on relationships within their own community.

"United Feet seeks to love our neighbors," says Desarme. When we become aware of a need of another, we need to act because that is the neighbor Jesus says we are to love; our actions are evidence of Jesus' love working through us."



**"How beautiful upon the mountains are the feet of him who brings good news, who proclaims peace, who brings glad tidings of good things, who proclaims salvation, who says to Zion, your God reigns!"
-Isaiah 52:7 (NKJV)**



O&P mission trip to Ethiopia

Tevita Palaki-Muti and Eric Desarme were introduced to the idea of providing orthotic and prosthetic care in Ethiopia by their classmate, Elise Dreiling. Elise had been to Ethiopia in the past and developed a passion for serving the Ethiopian people with prosthetic and orthotic care and the mutual exchange of information.

"As a team we have long desired to impact the orthotic and prosthetic care of developing nations," said Tevita. "I am passionate about serving those that have a medical need that I can fill or help meet, with my goal being to train someone who can continue to meet those needs for others when I'm gone."

Palaki-Muti and Desarme met with O&P faculty member Michel Moor to discuss the difference they could make in the homeless community as Prosthetists and Orthotists. A plan was made and a group put together to serve the people of Ethiopia on a mission trip which took place September 16 through October 2, 2016.

"Ethiopia has shown me how important education is in developing nations."

-Tevita Palaki-Muti



PHYSICAL THERAPY

Alumni honored at Women's Conference hosted by Loma Linda University Health

» By Tiffany Robinson

During their time as students both Rhonda Nelson and Shannon Injety discovered that they were driven to help children receive the care they need regardless of their ability to pay. Rhonda has been involved with Haiti since the devastating earthquake in 2012. For the past four years, she and her family have raised money and awareness for the plight of Haitian children.

Shannon discovered her own mission here in San Bernardino County where pediatric physical therapy was not readily available. The journey to understand "why" ultimately led to the formation of her practice, Inland Children's Therapy, in 2002. Through her practice she is able to serve children funded through the Inland Regional Center system, but has always struggled to make private and public insurance-funded therapy feasible due to low reimbursement rates.

Together, Rhonda and Shannon felt that the time was right, doors were opening and God was leading to begin their ideal--a non-profit organization to meet the needs of families trying to get therapy services for their children. What if they could create an ideal space to educate



From left, Shannon Injety, Beverly Rigsby, and Rhonda Nelson.

physical therapy students and conduct research in the field of pediatric care? With community support, they were confident it could happen: the beginning of WonderLab, for which they received the Community Benefit award.

Street Medicine

Since January 2015, Physical Therapy students and faculty have participated in Street Medicine (or Cornerstone Clinic), a free health clinic, which provides medical and physical therapy services to low income residents of San Bernardino. Every Wednesday, two faculty and four students go to treat patients with physical therapy needs, such as back, neck, ankle, or shoulder pain.

In the photo, two 2nd year DPT students, Perise Sio-Hiles (seated) and Kennya Palacios (standing) work with a cerebellar vascular accident (stroke) patient to improve seating balance by having her reach out on multiple planes so her trunk can adjust to the change of position.





Physical Therapist Assistants pay it forward

» Kristen Beall - PTA Class President 2016

"We wanted to present the school with a class gift as a representation of our appreciation for all that Loma Linda has done for us. After voting between three ideas, the Matthew Lynn Schrader Fund had the most votes.

Our car wash money went towards the fund, but it was not as much as we had hoped; so we approached the class and asked for donations. The majority of the money came from the student's own pockets. We're just excited that our gift can help someone in need of the same education we received. It's exciting because it doesn't stop there. Once that student goes through the program they will in turn help others, as that is what our profession allows us to do. We're grateful to have been a part of this forever gift."

» Jeanne and Mike Schrader - Parents of Matthew Schrader

"We are so appreciative for the support from this year's PTA graduating class and the remembrance of our son Matthew, while building an endowment to benefit LLU PTA students. The class gift this year continues to make it possible to annually award scholarships and keep Matthew's memory alive. We were truly blessed to have had the opportunity to meet some students from this year's graduating class.

We are passionate about helping PTA students through this scholarship fund and are continuing to raise funds."



PHYSICIANS ASSISTANT

New on the team

Wayne Dewri has been a Physician Assistant educator with the Riverside County Regional Medical Center/ Riverside Community College District Physician Assistant program for the past nine years. He received his Bachelor's degree from Loma Linda University and his Master's degree from the University of Nebraska Medical Center. His clinical practice has been in Primary Care and Occupational Medicine. He is joining the School of Allied Health Professions as an assistant professor in the Physician Assistant program.



Valerie Mosqueda is the new senior administrative assistant for the Physician Assistant department. She has been with Loma Linda since 2009 and is passionate about continuing her working relationship with the University.



Sandra Bailey is the administrative secretary. She is currently enrolled at a local community college to obtain her Associates Degree in Accounting. After obtaining her degree she wants to further her education in finance and plans to grow with Loma Linda University.



RADIATION TECHNOLOGY

Medical Radiography students serve San Bernardino

» By Brenda Boyd

For the first time, two Medical Radiography cohorts, comprising over 63 students, joined forces to serve in downtown San Bernardino at The Way World Outreach mission on Friday, May 18, 2016.

Faculty and staff also joined with the students to cook and serve two meals, sort, bag, and distribute food, sort and distribute clothes, and clean up the grounds and a nearby alley.

Even in just a short time, a life changing experience can take place. As one student shared: "I was overwhelmed at the start of the day. I was honestly thinking I'd rather be in clinic then serving at a mission. God quickly straightened me out after meeting the people at the outreach. They were so pleasant and welcoming. It was great to serve with people who practically have nothing but are willing to give everything they have. I was really moved by the attitude and drive these people had to serve."



DEPARTMENT HIGHLIGHTS

New Bachelor's Degree in Nuclear Medicine

» By Terri Mosley

The faculty in the Department of Radiation Technology are proud to announce that there are five students who completed the first class of the BS degree in Nuclear Medicine on September 2, 2016. These students will be eligible to sit for the national registry exams: ARRT and NMTCB. In addition, they have taken didactic and clinical training in CT and will be able to complete PET CT studies.

The program will be offered face-to-face for at least 51% of the program. At this time, 26 units of the 106-118 transcribed units are slated to be online (22-24% of the program).

The BSNM program has two tracks: non-ARRT and ARRT. Students who are not ARRT certified can apply from January 1-March 15, 2017 for a summer 2017 start. Students who are already ARRT can apply April 1-June 15, 2017 for a fall 2017 start.

For more information about the program and prerequisites, contact tmosley@llu.edu or call the department at 909-558-4931.



INTERDISCIPLINARY



On the set of LIVE IT: In the Kitchen from the left: Cory Gheen (Executive Chef), Jackie Gilstrap (Producer), Art Kroetz (Director of Photography), Marcus Chapman, School of Public Health (Editor, not pictured), Krystal Gheen, School of Public Health (Consulting Dietitian).

LIVE IT: In the Kitchen

» By Jackie Gilstrap

According to the CDC, the top four behaviors that determine one's level of risk for disease are activity level, nutrition, tobacco use and drinking alcohol.

We believe, with knowledge and know-how, that one can learn to adopt a healthy, sustainable lifestyle. 'LIVE IT: The Online Health Show' shares Loma Linda University's cutting edge research, and 'LIVE IT: In the Kitchen' shows how healthy food can be made easily. Together we provide the knowledge, the reason, the know-how and the skill to live a full, whole life.

'LIVE IT: In the Kitchen' is a collaborative effort between the Schools of Allied Health Professions and Public Health with a common goal of inspiring people to cook healthy meals at home.

Top four behaviors that determine one's level of risk for disease:



Activity level



Nutrition



Tobacco use



Drinking alcohol



Dr. Jackson's vision for a cooking show to promote healthy eating habits started many years ago. Next door in San Bernardino we have a red zone, a pocket of the country where living conditions, and/or access to healthy foods, do not seem to foster or stimulate a sustainable, healthy lifestyle. And with an increasing health crisis in the United States, Dr. Jackson felt the urgent need to do something. His goal was to reach as many people as possible, but how?

According to Google, cooking shows have been increasingly trending up since 2005. In most recent trends, 30-60 second cooking videos are the most searched and viewed cooking videos on YouTube. Our prayer in developing short, one minute videos is that we can show how easy it is to cook a healthy meal, and inspire people to say "I can do that, too".

Our mission and values are focused around the teaching and healing ministry of Jesus Christ through education, healthcare and research. There is suffering in our community and around the world caused by chronic conditions and diseases such as type II diabetes, obesity and heart disease, all of which are preventable. Healthy behaviors reduce one's risk of these preventable conditions.

Watch the first episode at
Liveitlomallinda.org
 in early 2017



LETTUCE WRAPS

Spread the spicy lime white bean hummus on the collard greens, then layer the rest of the ingredients as you would for a burrito.

Spicy Lime White Bean Hummus:

Blend all ingredients in a blender or food processor until smooth.

- 2 (15-ounce) cans white northern beans, drained
- ¼ cup freshly squeezed lime juice
- ¼ cup Sriracha, or more, to taste + for garnish
- 3 cloves garlic
- ¼ cup cilantro leaves
- ¼ teaspoon ground cumin
- ¼ teaspoon smoked paprika
- ¼ cup olive oil + ½ tablespoon for garnish
- Salt to taste

For the wrap:

- Collard Greens (use as the wrap)
- Avocado
- Tomato
- Sprouts
- Purple Cabbage
- Cucumber
- Hummus of choice

Your Best Pathway to Health Los Angeles



About Los Angeles

Spanish translation: The Angels

Population: 4,030,904

Homeless: 44,329

Days of sunshine: 300

Rainfall: 17 inches per year



Los Angeles has a diverse, multi-ethnic population with people from more than 180 countries, speaking 224 identified languages. It is also the entertainment capitol of the world and is a hot spot for cultural activity with more than 100 museums and thousands of restaurants in all varieties.

And yet, there are about 44,329 homeless living in Los Angeles alone. From April 27 through 29, 2016 a group of 4,400 volunteers flooded the Los Angeles convention center to be part of a movement to help those in need. Among them were several School of Allied Health Professions faculty, staff and students.

Your Best Pathway to Health-Los Angeles was a giant collaborative endeavor involving Adventist Laymen's Services and Industries, Adventist Health (specifically Glendale Adventist Medical Center, White Memorial Medical Center and Simi Valley Medical Center) Loma Linda University, and the Seventh-day Adventist Church including Southern California Conference, Southeastern California Conference, Pacific Union Conference, the North American Division and the General Conference, along with many, many other entities.

It was an opportunity to demonstrate not only nationally, but also worldwide, that students, staff, and faculty at Loma Linda University and Seventh-day Adventist Christians believe it is an honor and privilege to demonstrate Christ's love for humanity by being His hands and feet.









Pathway-LA had the largest and most robust follow-up system in place at over 70 Health Information Centers (HIC) throughout the city of Los Angeles and Southern California. Patients were invited not only to pick up their results but received continued follow up courses to continue to live a whole and healthy life.





As in previous events, patients' lives were transformed physically, mentally and spiritually. In the radiology department alone, there were four patients who were diagnosed and subsequently treated for previously unknown life threatening conditions including an acute deep venous thrombosis, hepatocellular carcinoma, stage 4 breast cancer and testicular cancer in a 22 year old. Because of the wonderful collaboration with our Adventist hospital partners, including White Memorial Medical Center, Glendale Adventist Medical Center and Loma Linda University Health, each of these patients were treated in an expeditious fashion.




Thousands and thousands of people's lives were improved, and untold millions were shown God's love for them individually.





Pathway Statistics

 18,957	Medical Services
	Cardiopulmonary
	Clinical Laboratory
	Dental
	Nutrition Counseling
	Physical Therapy
	Prescriptions
	Vision

 1,583	On-site Surgical Procedures
 320	Gynecologic Surgeries
 13	Surgeries at Glendale Adventist Medical Center
 25	Surgeries at White Memorial Medical Center

 4,400	Total Volunteers
 2,500	Medical Professionals
 8,538	Number of Patients

 \$38,487,680	Estimate of free healthcare services
 \$1,694,868	Estimate of free media publicity

	Legal and Business Counseling
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 120,000	Whole-person literature distributed
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Cardiopulmonary Sciences

Richard Nelson, faculty: This experience left incredible memories for our students and the patients they served. Our students witnessed uninsured patients sleeping all night in line just to be seen. Our BS respiratory care students listened to the concerns of patients, prayed with them, actively participated in diagnostic work-up and provided treatments under the medical supervision of Roger Seheult, MD. After the physician consultation, one student would pair off with each patient to accompany them to exit counseling. Experienced therapists from surrounding hospitals assisted in mentoring our students, and a research project was included. Student reflections included that they will never forget this experience to “Make Man Whole” in the community.



Nutrition & Dietetics

JeJe Noval, faculty: I was privileged to go with 15 nutrition and dietetic students to experience one of the most amazing opportunities of a lifetime. All dietetic students were eager to put into practice their newly acquired nutrition counseling skills. We were assigned to the “lifestyle” station where we had the opportunity to share with each patient the value of eating well. Student Katrina Grant said of her experience, “I am thankful God inspired me to help that day because not only was I helping others--they were helping me.” Sara Kashlan captured the essence of how we all felt by stating, “Assisting with Pathways was a grounding experience that taught me the true meaning of making man whole.”



Physician Assistant

Brooke Blomberg, PA Class of 2017 President: Serving this community was a humbling experience. As we walked up to the building in the morning, people were lined up around the outside already at 6am, some had been there all night. As we walked through the doors to check in, they thanked us for coming and donating our time to them. This experience fueled my passion for serving under-served communities, both near and abroad. I spent half of the day with the Women’s Health tent and the other half in the pediatric clinic. I enjoyed both experiences, but was really drawn to working with the children and talking to them on a level they could understand. This experience led me to shift my focus to pediatrics for my second year rotations.

Clinical Molecular Research Lab

Amid the hum of machines and refrigerators, the lab is abuzz with activity churning out findings on laughter, lifestyle, chocolate, exercise, and antioxidants, to name a few.

Studies produced in the lab show that high cacao (dark chocolate with a cacao content of 70 percent or more) consumption is good for brain reasoning and intellect, synchronization, memory, recall, mood, and behavior.

The lab has also produced findings that humor and mirthful laughter modulate the brain with enhanced memory and recall, cognition processing, and sensory perception. This also has a positive affect on mood and happiness.

Even now, Dr. Berk and his team are working on some top secret studies based on integrative and individual approaches to whole-person care that they hope to present soon.

When asked about the exciting work produced by the lab, Dr. Lee Berk said, "Research, it takes a city." One that is diverse, creative, innovative and interdisciplinary--with moving parts, tons of ideas, and great interns.

When it comes to interns, Dr. Berk couldn't be more pleased with his group. He is happy to share his knowledge, reasoning skills, and approaches to research with the members of his team to promote growth, creativity, and open spaces for knowledge development.

And the interns are just as thankful and have wonderful things to say about their mentor. One of his teaching assistants, Amy Sadek, said, "Dr. Berk is a pioneer. His outlook and passion for wellness is inspiring personally and professionally."

Another consensus among the interns is that they love the lab because there really is no such thing as a typical



From left: Amy Sadek, Parshav Desai, PPDPT 1st year student, Jessica Bradburn, and Kristin Bruhjell

day. One day they discuss newly published literature, and the next they focus on lab tasks (cleaning, organizing, making sure the machines are running). Others are spent writing protocol for the instruments. And then there are those information-gathering days. Every day offers a new challenge and new ways to grow. Kristin Bruhjell said, "I don't have all the answers, someone else doesn't have all the answers, but together we have a lot of answers. And that's what makes our work in the lab and being a great team so important."

Meet the Team



Kristin Bruhjell - graduated in June 2016 with a BS in Neuroscience from UC Riverside

After graduating in June, Kristin was in the market for a good mentor for healthy habits and a principal investigator from whom she could gain research experience as she works toward her goal to attend medical school. She became very interested in Dr. Berk's research and pursued a place in his lab. Kristin admires Dr. Berk and loves the work she does as his teaching assistant, creating and editing research documents for current and upcoming research and searching for grant money, among lots of other tasks. In addition to being part of the lab, Kristin works at LLU Medical Center as a Medical Lab Assistant and as a scribe in the emergency departments of St. Bernardine Medical Center and Community Hospital of San Bernardino.

Amy Sadek - PhD in Rehab Science, expected graduation 2018

After Amy completed a BS in nutrition, she discovered she was looking for more patient interaction. She fell in love with Pediatric Occupational Therapy and soon realized it was also the perfect balance of creativity and science. After working in the field she felt the need for more evidenced-based research. That search led her to Dr. Edd Ashley, who introduced her to Dr. Berk and the rehab science program. "The beauty of this program is that I get to merge my interest in nutrition with occupational therapy. My dissertation will be on lifestyle interventions that are not pharmacological-namely, those things we all have access to: music, laughter, and nutrition."



Jessica Bradburn - Bachelors of Science in Clinical Laboratory Science, expected graduation 2017

Jessica and her fiancé met Dr. Gurinder Bains, a leading researcher in the lab, at a CrossFit gym. Dr. Bains introduced Jessica to Dr. Berk, who helped her decide her educational path. After graduation, her plans include a Master's degree and PhD in preventive medicine. "In the lab we focus on bettering people as opposed to just monitoring outcomes," said Jessica, when asked what she enjoys about the lab. She also loves that even though she is assisting Dr. Berk, he fosters her creativity and allows her room to grow.

Lilly Conference brings LLU faculty together



Front row, from left: Gail Rice, EdD; Eric Johnson, DSc; Jacqueline Williams-Reade, PhD; and Todd Zakrajsek, PhD. Back row, from left: Peter Gleason, PhD; Ryan Sinclair, PhD; Ehren Ngo, MS; and Willie Davis, PhD.

» By Eric Johnson

Several Loma Linda University faculty presented at the recent Lilly Conference on College and University Teaching and Learning held in Newport Beach, CA. This annual conference is focused on evidence-based teaching and learning, and more than 300 faculty from across the United States and Canada attended.

Gail Rice (SAHP) and Richard Rice (SR) facilitated a panel presentation delivered by Willie Davis (SP), Peter Gleason (SPH), Ehren Ngo (SAHP), Ryan Sinclair (SPH) and Jacqueline Williams-Reade (SBH).

Their presentation titles were: Opportunities for Failure as Integral Part of Course Design – Davis; Transforming Teaching: Engaging Tomorrow's Students Today – Gleason; Gaming in Education: A Use Analysis in Triage Training – Ngo; An Augmented Reality Terrain Map

for Health Needs Assessment Visualization – Sinclair; Integrating Spirituality in into Classroom and Clinical Care – Williams-Reade.

Eric Johnson (SAHP) also delivered a presentation titled "Let's Flip This Classroom" and a poster titled "If you Only Flip, You will Likely Flop." Additionally, Gail Rice had two posters titled "Formative Dialogues on Teaching: Non-Threatening Peer Coaching and Pausing the Lecture."

The Lilly Conference Director, Todd Zakrajsek, is an Associate Research Professor and Associate Director of Fellowship Programs in the Department of Family Medicine at the University of North Carolina, Chapel Hill. Dr. Zakrajsek worked with Gail Rice and the LLU Faculty Development Committee to create the unique panel presentation mentioned above. The panel presenters were selected from the 2016 LLU Faculty Development Showcase presentations.

A low-angle photograph looking up at a massive, ancient tree trunk. The bark is deeply textured and grey. In the foreground, the back of a person with blonde hair is visible, wearing a dark blue hoodie. The hoodie has white text that reads "Class of 2016" in a large, stylized font, followed by "LOMA LINDA UNIVERSITY" and "School of Allied Health Professions" in a smaller font. The tree's canopy is filled with green and some yellowing leaves, reaching towards a clear blue sky.

Winner of the 4th Annual Senior Hoodie Ceremony Photo Contest

Seniors receive an SAHP logoed, hooded sweatshirt as part of the annual Senior "Hoodie" Ceremony, as a way to recognize all of our graduates and encourage camaraderie among students across SAHP departments. The title, "Hoodie" Ceremony is a play on the term hooding ceremony and is intended to be a fun addition to hooding, jacketing or pinning ceremonies. It is a casual event for all SAHP graduating students, recognizing their hard work by bestowing upon them a graduating class hooded sweatshirt!

Grand Prize winner:
Amanda Shea, Occupational Therapy, at the Conservatory of Flowers in Golden Gate Park, San Francisco, CA.

Class of
2016
LOMA LINDA UNIVERSITY
School of Allied Health Professions

Will Alexander Wholeness Series

Since 2003, the Wil Alexander Wholeness Series offers workshops on subjects related to professional development, personal enrichment, spiritual values and public awareness. Students, faculty, staff, family and friends are welcome to attend this free event. For more information go to <http://home.llu.edu/waws>.

Workshops take place on Wednesdays, 5:00 to 5:50 p.m., in the Damazo Amphitheater, Centennial Complex (unless otherwise specified). All are welcome, registration is not required.

2016

Sept 28

Nutritional Excellence, The Most Powerful Medicine

Sponsored by School of Nursing

Speaker: Joel Fuhrman, MD

This presentation reviews the basic principles of nutritional excellence and the features of a dietary portfolio to maximally lower blood pressure and cholesterol, reverse Type II diabetes and heart disease, and lower the risk of dementia and cancer. The effectiveness of a nutritarian diet has been proven through research and case studies.

Oct 19

A Plague of Angels: The Story of Typhoid Mary

Sponsored by School of Religion

Featuring: Kenneth Wright, PhD, Brady Greer

The story of Mary Mallon, an Irish immigrant and asymptomatic carrier of Typhoid Fever, who infected many in the State of New York. This gripping account tells of faith tested in the face of loss.

Nov 2

From Redlands to the Roof of Africa: Taking Fitness to 19,341 Feet

Sponsored by School of Dentistry

Featuring: E. Patrick Hoag, DDS, M.Ed, Kim Clark, MPH, DrPH, David Maupin, MBA, CFP

Hear stories from three fearless professionals who took their life's journey of fitness and friendship to 19,341 feet as they hiked Mount Kilimanjaro.

Nov 16

A Certain Kind of Light: The Power of Story to Transform Lives

Sponsored by School of Pharmacy

Speaker: Carla Gober, PhD, MS, MPH

A moving documentary featuring Dr. Wil Alexander, who dared to bring the art and science of story into every patient experience. What can we hear if we really listen?

Nov 30

Using Written Reflection to Make Meaning and Create Wholeness

Sponsored by School of Medicine

Speaker: Amy Hayton, MD, MPH

Reflective writing helps health professionals make sense of their challenging and beautiful experiences. This workshop will teach you the components of writing reflections, enhancing professionalism and personal wholeness.

2017

Jan 11

Living Our Mission: LLU Students Serve

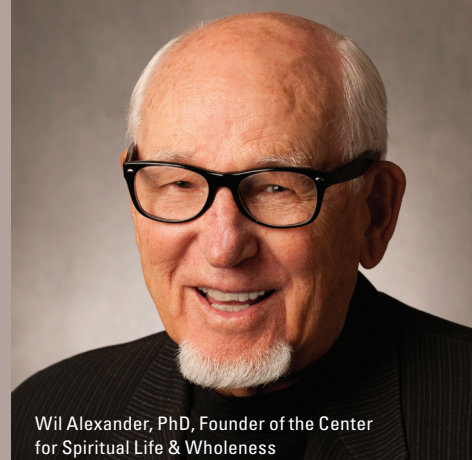
Sponsored by School of Allied Health Professions

Speaker: Tony Valenzuela, DPT, EdD, United Feet, Street Medicine, Gateway College Mentoring, Behavioral Health Honor Society, Pharmacy bimonthly clinic in Riverside.

LLU students will share personal stories of service in our community.

Sadly, Wil Alexander passed away November 16, 2016. He had such a profound effect on our campus; LLUH will not be the same without him.

A Certain Kind of Light, the documentary film about Wil and his work at LLUH, was released about a year ago. It has won several awards at many different independent film festivals. For more information email wholeness@llu.edu or call call Philanthropy at 909-558-3271.



Wil Alexander, PhD, Founder of the Center for Spiritual Life & Wholeness

Jan 25

Exercise and Brain Health: What's the Connection?

Sponsored by School of Pharmacy

Speaker: Robert Sallis, MD

This lecture will highlight the positive effects that exercise has on the structure and function of the brain and ultimately how it helps prevent and treat most common neurologic and psychologic conditions.

Feb 8

Credit Scores and School Debt: How They Affect Your Life

Sponsored by School of Dentistry

Speaker: Larry Chinnoek, DPT

This workshop will explore credit scores, how they affect purchasing power, and the advantages of early loan payoff.

Mar 8

International Sagas: Stories from the Edge

Sponsored by School of Allied Health Professions

Speaker: Glenn Russell, DMin

The speaker will share stories from global humanitarian efforts, drawing from international friendships and personal spiritual discoveries.

Mar 29

Thinking TWICE: The Five Elements of Quality Customer Service

Sponsored by School of Behavioral Health

Speaker: Bret Mahoney

Learn about exemplary customer service elements through an interactive experience that includes: Teamwork, Wholeness, Integrity, Compassion, and Excellence (TWICE).

Apr 12

Romeo and Juliet: How to Avoid the Drama

Sponsored by School of Public Health

Speakers: Frank Randall, MD, Praveen Injeti, MA, MFT, OT/L

Learn to cultivate relationships from a place of self love and security.

Apr 19

Beating Burnout: Recreating Passion and Purpose

Sponsored by School of Medicine

Speaker: Roger Woodruff, MD

This workshop will provide strategies for maintaining excitement and enthusiasm for your profession and avoiding career burnout.

Publications

G. S. Bains, L. Berk, E. Lohman, N. Daher, B. Alahmadi, D. Jadav, A. Alsultan, A. Alghamdi. The Effect of Humor Associated Mirthful Laughter Combined with Quiescence on Modulating C Reactive Protein Blood Levels: A Pilot Study FASEB J April 2016 30:1238.10.

Krpalek, D., Javaherian-Dysinger, H., & Hewitt, L. (2016). Health Profiles of Allied Health students enrolled in a faith-based institution. *Journal of Allied Health*.

Javaherian, H., Krpalek, D., Huecker, E., Hewitt, L. Brown, C., Cabrera, M., Francis, J., Rogers, K., & Server, S. (2015, Dec.). Occupational needs and goals of survivors of domestic violence. Accepted by *Occupational Therapy in Health Care*. 1-9.

Farahat, E., Javaherian-Dysinger, H., Rice, G., Schneider, L., Daher, N., & Heine, N. (Accepted January 2015). Nutrition Students' Perceptions of the Educational Value of a Formative Objective Structured Clinical Examination (OSCE). Submitted to *Journal of Allied Health*.

Presentations

2016 Bains, G. S., breakout speaker at 29th Annual Association for Applied and Therapeutic Humor (AATH). April 7-10 Phoenix/Mesa, AZ. Humor, Health, and Inflammation.

2016 G. S. Bains, E. Lohman, L. Berk, N. Daher, R. Chettiar, O. Ambode, B. Miranda, R. Sigh, F. Nugent. The effect of an 8 week CrossFit type exercise program on inflammatory injury and balance. Abstract #5431. Society for Neuroscience November 14, 2016, San Diego, CA.

G. S. Bains, L. Berk, E. Lohman, N. Daher, B. Alahmadi, D. Jadav, A. Alsultan, A. Alghamdi. The Effect of Humor Associated Mirthful Laughter Combined with Quiescence on Modulating C Reactive Protein Blood Levels: A Pilot Study. FASEB J April 2016 30:1238.10.

Grants

Krpalek, D. (2015). Exploring the Effectiveness of an Occupation-Based Intervention: An Experimental Study with Calligraphy". SAHP Research Seed Money, \$2269.32.

Krpalek, D., & Javaherian, H. (2015). Experiences of Participating in the Complete Health Improvement Program: Perceived Facilitators and Barriers to Adopting a Healthy Lifestyle. CFOT Research Seed Money.

Kugel, J. (2016). The Walmart Community Grants Team and Facility # 1692 are pleased to inform you that your Community Grant application has been selected to receive a \$1,500.00 grant.



Vision 2020 - The Campaign for a Whole Tomorrow

Education Priority Initiatives

Our Outstanding Graduates and Students are Building New Futures in Health Care

Student Scholarships \$20 Million

Increased scholarship opportunities will offset tuition costs and attract outstanding students to Loma Linda University.

Faculty Development \$10 Million

Increased faculty development assists in recruiting and retaining the highest qualified faculty for our students.

Research Discoveries \$15 Million

Funding broadens research opportunities through the schools and the future Center for Health Discovery.

Educational Approaches \$15 Million

The new state-of-the-art adult and Children's Hospital will provide an optimal teaching environment for students.

San Bernardino Campus \$10 Million

The new campus in San Bernardino will allow students and residents to rotate through a brand new community clinic.



Jordan The, Doctor of Physical Therapy class of 2015, was privileged to visit Haiti for a mission trip in conjunction with the Orthotics and Prosthetics department.

"I was able to give back and teach some of the students who will be in their rehab tech program. I had the chance to teach not just to the next generation, but to a totally different world. It was amazing to educate and train those from developing nations who don't have physical therapy and to spread the word."

To find out more visit <http://lluhvision2020.org/education>



LOMA LINDA UNIVERSITY
School of Allied Health Professions

11145 ANDERSON STREET
LOMA LINDA, CA 92350

MISSION • VISION • VALUES

We've updated our statements and thought you'd like to know.

Mission

We continue the teaching and healing ministry of Jesus Christ by creating experiences that challenge our students to be competent and compassionate professionals serving local and global communities.

Vision

We will create a learning environment that inspires our students to lead, to heal, to serve, bringing wholeness to the world.

Values

We foster transformational experiences that inspire compassion, integrity, and excellence, which promote a culture of service.



WEBSITE:
alliedhealth.llu.edu



INSTAGRAM:
[@llusahp](https://www.instagram.com/llusahp)



BLOG:
alliedhealth.llu.edu



FACEBOOK:
[@llualliedhealth](https://www.facebook.com/llualliedhealth)