Loma Linda University School of Allied Health Professions



For NUTRITION & DIETETICS

SUMMER/FALL 2008



Dear Alumni,

he Nutrition and Dietetics faculty and students are in a mood for celebration. We want to involve you in that celebration as well. We are celebrating 100 years of excellence in nutrition education at Loma Linda University. The first nutrition

program began in September 1908 with the hygienic cooks and baker's program at the relatively new Loma Linda College of Medical Evangelists. The curriculum included courses in biochemistry, anatomy and physiology, nutrition, sanitarium cooking, sanitarium baking, and a class in religion with a practicum in teaching members of the community religion and health. The hygienic refers to the fact that the program taught the science of the establishment and maintenance of health in the application of the science of nutrition.

A video highlighting the beginning of nutrition education program at LLU was made and shown at the 5th International Congress on Vegetarian Nutrition last March, in church during Alumni Homecoming in April, and it will be shown on Loma Linda 360°, a television program shown on the LLU website and on LLBN, an international television service that broadcasts worldwide via satellite.

There has been tremendous interest in the new Coordinated MS program in Nutrition and Dietetics. We will have about 12 students in the first class. The BS program will still continue along with the AS in Dietetic Technology. Beginning July 1, the MPH program in Nutrition and Dietetics will join with the BS and MS programs into one unified program with a concentration in medical nutrition therapy and public health nutrition. Each of these programs will culminate in establishing eligibility to write the Registration Examination for Dietitians. This is a wonderful development that can be celebrated along with our 100th anniversary.

One way you may join in the celebration is to attend the

ADA Food and Nutrition Conference in Chicago in October. We will have a reception for all alumni on Sunday evening October 26, 2008. Reserve the date and make plans to attend the ADA Food and Nutrition Conference and Expo October 25-28, 2008 in Chicago. We will provide the specific location information later, but for now, please save the date.

The faculty are making specific plans to add yet another academic program to the Nutrition Department in September 2009; this is a program in Culinary Arts and Foodsystems Management. The first step in this plan is to hire an additional faculty member with expertise in culinary arts. In July 2008, Mr. Cory Gheen, a graduate of the Culinary Institute of America in Hyde Park, New York, will join our faculty to lead out in the planning and development of this program. Longer term plans call for a BS program in Culinary Arts and Foodsystems Management. Partners in this program include the Southeastern California Conference of Seventh-day Adventists. We are seeking other corporate sponsors as well. The faculty asks for your help in identifying corporate sponsors.

In preparation for this new academic program, the research kitchen will be remodeled and updated. It will be a place for education, experimentation, and a set for an ongoing television program on food and nutrition. In the next letter, I hope to share with you the layout of the new kitchen.

Thank you for your continuing interest in your department. We are pleased with the reports we receive about your success in your profession. We ask for your ongoing recommendations for the improvement of the nutrition and dietetics program that we may continue to produce the very best qualified Registered Dietitians possible.

Best wishes for your unbounded professional success.

Sincerely,

Bert C. Connell

Bert Connell, PhD, RD, FADA Chair of Nutrition & Dietetics Dept.

NEWS 2 U

CALENDAR

August: CE Cruise to Mexico.....10-17

OCTOBER: American Dietetics Association, Food & Nutrition Conf. & Expo Chicaco, IL......25-28

November: Nat'l Allied Health Week......2-8

AWARDS

April 19 Alumni Awards Banquet Distinguished Alum: Marjorie Ackley Rising Star: Talia Glass

MAY 21 AWARDS CHAPEL Alumni Award: Stella Jones Faculty Award: Sarah Brucks

CONTACT US

DEAN OF ALLIED HEALTH Craig R. Jackson, JD, MSW 909.558.4545 emailthedean@llu.edu

DEPARTMENT CHAIR Bert Connell, PhD, RD, FADA 909.558.4593 bconnell@llu.edu

Alumni Affairs Officer Jaclyn Pruehs 909.558.7840 jpruehs@llu.edu

Director of Development Kisha Norris, M.Ed. 909.558.7790 knorris@llu.edu

LLU CEUs at Sea: Continuing Education for Health Care Professionals Set Sail on August 8-15, 2009

Save the date for the *Loma Linda University Friends & Family 7-day Cruise to the Western Caribbean* with six CEU credits applicable toward radiation technology (radiography, ultrasound, radiation therapy, nuclear medicine, CT, MRI), respiratory therapy, nursing, advanced practice nursing, nurse practitioners, pharmacists, occupational therapy, physical therapy, speech therapy, dieticians, social workers, and chaplains.

CEU courses will include such topics as, "LAW: The License You Lose May Be Your

First SAHP Student Association Developed and Officers Elected

For the first time in SAHP history, a Student Association, called SAHPSA (School of Allied Health Professions Student Assocition), has been officially developed with the help of Marketing Director, Chuck Dart, and student events coordinator, Karen Westphal. Students have been in deliberation concerning a Constitution and Bylaws since the first week of the 2008 winter quarter. On Thursday, May 22, five students engaged in a lunch-time debate for five positions in the Association. This event was cleverly named "Pancake and Debate" and lunch was, of course, pancakes. The new SAHPSA officers for the 2009 school year are as follows: President - Jorge Romo (Respiratory Care), Financial

SAHP Hosts 12th Annual Homecoming Weekend

As many as 200 individuals were on hand to attend a variety of continuing education courses and special homecoming events over the weekend of April 17-19, 2008.

The weekend events began with a lunch provided for all paying registrants of the CE courses as a gift from SAHP dean Craig Jackson, JD, MSW.

On Friday evening, the SAHP Worship and Praise Vespers took place, featuring music by the RE:Live Praise team, a message by David Taylor, PhD, LLU School of Religion, and a special global outreach presentation by physical therapy graduates Calvin and Cheryl Hartman.

On Saturday, April 19, at both LLU Church services and at the main Sabbath School, SAHP was

Own" and "SPIRITUAL: I'm Not a Chaplain, But My Patient Wants to Talk."

You don't have to be a health care professional to join the group. All are invited! This fun adventure will take place on the Royal Caribbean Cruise Line and will stop at locations such as Haiti, Cozumel, Grand Caymen, and Jamaica. Beginning in September 2008, you can reserve your cabin for the cruise to the Caribbean. Call Cheryl at University Travel to book your trip today! (909)796-8344 or (800)362-3389.



SAHPSA Constitution & Bylaws Committee

Vice-President - Jamie Venegas (Respiratory Care), Community Service Vice-President - Abigail Moss (Clinical Laboratory Science), Spiritual Life Vice-President - Jennifer Brucks (Speech Language Pathology), Social Life Vice-President - Peterson Le (Respiratory Care).

prominently featured. The Sabbath school program honored the 100th anniversary of nutrition and dietetics at LLU.

The annual Potluck on the Hill was held on Sabbath afternoon, followed by a tour of the Centennial Complex led by the office of philanthropy and Dean Jackson.

On Saturday evening more than 150 guests attended the 12th Annual Alumni Recognition Banquet, held in the Wong Kerlee International Conference Center. The evening highlighted the best of the School for the past, present, and future, while honoring distinguished alumni and current student leaders.

> Portions taken from the LLU Today May 12, 2008 Larry Kidder, MA



Current Student Awarded as a Rising Star

At the 12th Annual Alumni Recognition Banquet, held Saturday April 19 during the 2008 Homecoming weekend, Talia Glass was awarded the Nutrition & Dietetics Rising Star for her contributions to the School of Allied Health Professions in the areas of leadership, service and research.

Talia arrived on the Loma Linda University campus with a host of

accomplishments behind her. She was active in the Palm Springs High School student body for three years, holding the office of class President her senior year and earning membership in the California Scholarship Federation. For six years, she was active in the National Charity League, Palm Springs Chapter, a nonprofit mother-daughter philanthropic organization, raising funds and helping such groups as the Angel View Crippled Children Foundation, Guide Dogs of the Desert, Desert Regional Medical Center, and various convalescent centers.

Her interest in nutrition and sports has led her to participate in activities such as the Tour de Palm Springs, American Cancer Society's Relay for Life, Loma Linda's Healthy Cities program, and Growing Fit, a nutrition program designed to help children become healthier. She continues to participate in triathlons, and loves being involved with PossAbilities, an outreach program dedicated to offering disabled individuals a sense of community and providing them with activities and practical help.

Talia was awarded the Ruth Little Nelson Scholarship her junior year of study, based on scholarship, leadership, integrity, dependability and initiative. After becoming a Registered Dietitian, Talia would like to continue her education and teach.

Research Kitchen Remodeling Project

The faculty, staff, students, and administrators are extremely excited to embark on a new Research Kitchen project. The changes will include: new seamless flooring, new ceiling surfaces to meet environmental health codes, gathering all heat producing equipment (under 300F) under the present hood, and revising traffic flow to reflect what would be expected in a teaching production kitchen.

Although the major renovation planning is just getting under way, equipment is already being updating. The last equipment added was a proof box and food science tools to measure food quality.

This remodeled kitchen is a prime teaching area for a variety of purposes, including food demonstrations for community nutrition education and a studio for recording nutrition programs for broadcast on LLBN, a local but global television network



ALUM PROFILE:

🍯 Marjorie Ackley, '08 Distinguished Alum

Marjorie Ackley is a '87 graduate of the Nutrition and Dietetics program at LLU. She entered the program after retiring mid-career from a position as a financial counselor in the San Francisco Bay area of California. Prior to her "retirement", she completed an RN program and moved to Anchorage to try to convince her son that he should not live in Alaska, but to come



back to the "Lower 48". She fell in love with Alaska and lived there for more than 30 years.

She worked as a nurse at Providence Hospital in Anchorage until she was urged to get more education so she could work effectively with patients on the cardiac care unit. It was at this time that she decided to come to Loma Linda University, a time when others her age were retiring and slowing down. While at LLU she completed both the BS and MPH programs in Nutrition and Dietetics.

In '88 she returned to Alaska, working first as a WIC coordinator on the Kenai Peninsula, then returning to Anchorage Providence Hospital where she worked on the cardiac unit until May '06.

Marjorie serves as a role model for current students proving that at an age where most have retired more than 20 years earlier, she remains active in the profession and in the church. She now lives in Paradise, California and works with Feather River Hospital serving as a Nutrition Councilor. She has also opened a private practice in Nutrition Counseling.

She was awarded a plaque in honor of her accomplishments on Saturday evening, April 19, at the 12th Annual Alumni Recognition Banquet held in the Wong Kerlee Int. Conference Center.

based in Loma Linda.

A large part of the remodeled kitchen is the enhancement of the food preparation and display area. Cameras will be mounted to the ceiling and connected to plasma screens that will be fixed to the walls. These flat screens will replace the traditional mirror above the table to display what is happening at the food preparation area. This improvement not only helps in the viewing of the live procedures, but, through the video recording, others will be able to view the demonstrations at a later date.

It's exciting to know that you and your fellow N & D alumni have already generously given over \$6,000 for the renovation of the Research Kitchen. This is a fantastic start to raising the money to fund this project!

Alumni Search with AfterCollege.com!

Register for a FREE AfterCollege account to view or contact fellow alumni. This is a great way to reconnect with your friends and classmates. This site also is SAHP's source for businesses to post their job listings. Visit www.AfterCollege.com and sign up today!



To Lead * To Heal * To Serve



We would love to hear about what's happening in your life. Email photos and information to jpruehs@llu.edu.

Update your personal information online by visiting the alumni website and clicking on Stay Connected. To get there quickly, here's your link: www.llu.edu/llu/sahp/alumni/stayconnected

Sign up now for our new online mailing list to receive email notifications of Alumni events, SAHP updates and so much more! You will find the sign up form on the Stay Connected page.



The

The Link

Loma Linda University Office of the Dean School of Allied Health Professions 11234 Anderson Street Loma Linda, CA 92354



Nutrition & Dietetics School of Allied Health Professions Loma Linda University